

**Ministry of Higher Education and Scientific Research  
Scientific Supervision and Scientific Evaluation Apparatus  
Directorate of Quality Assurance and Academic Accreditation  
Accreditation Department**



**Description of the  
Academic Program  
Department of Physical  
Education and Sports Sciences/  
College of Education/Al-Kitab  
University**

**2025/2026**

## **Introduction:**

The educational program is a well-planned set of courses that include procedures and experiences arranged in the form of an academic syllabus. Its main goal is to improve and build graduates' skills so they are ready for the job market. The program is reviewed and evaluated every year through internal or external audit procedures and programs like the External Examiner Program.

The academic program description is a short summary of the main features of the program and its courses. It shows what skills students are working to develop based on the program's goals. This description is very important because it is the main part of getting the program accredited, and it is written by the teaching staff together under the supervision of scientific committees in the scientific departments.

This guide, in its second version, includes a description of the academic program after updating the subjects and paragraphs of the previous guide in light of the updates and developments of the educational system in Iraq, which included the description of the academic program in its traditional form (annual, quarterly), as well as the adoption of the academic program description circulated according to the letter of the Department of Studies T 3/2906 on 3/5/2023 regarding the programs that adopt the Bologna Process as the basis for their work.

In this regard, we can only emphasize the importance of writing an academic programs and course description to ensure the proper functioning of the educational process.

## **Concepts and terminology:**

**Academic Program Description:** The academic program description provides a brief summary of its vision, mission and objectives, including an accurate description of the targeted learning outcomes according to specific learning strategies.

**Course Description:** Provides a brief summary of the most important characteristics of the course and the learning outcomes expected of the students to achieve, proving whether they have made the most of the available learning opportunities. It is derived from the program description.

**Program Vision:** An ambitious picture for the future of the academic program to be sophisticated, inspiring, stimulating, realistic and applicable.

**Program Mission:** Briefly outlines the objectives and activities necessary to achieve them and defines the program's development paths and directions.

**Program Objectives:** They are statements that describe what the academic program intends to achieve within a specific period of time and are measurable and observable.

**Curriculum Structure:** All courses / subjects included in the academic program according to the approved learning system (quarterly, annual, Bologna Process) whether it is a requirement (ministry, university, college and scientific department) with the number of credit hours.

**Learning Outcomes:** A compatible set of knowledge, skills and values acquired by students after the successful completion of the academic program and must determine the learning outcomes of each course in a way that achieves the objectives of the program.

**Teaching and learning strategies:** They are the strategies used by the faculty members to develop students' teaching and learning, and they are plans that are followed to reach the learning goals. They describe all classroom and extra-curricular activities to achieve the learning outcomes of the program.

## Academic Program Description Form

**University Name:** Al-Kitab University

**Faculty/Institute:** Education

**Scientific Department:** Physical Education and Sport Science

**Academic or Professional Program Name:** Bachelor's Degree in Physical Education and Sport Science.

**Final Certificate Name:** Bachelor's degree in Physical Education and Sport Science.

**Academic System:** Yearly (Annual)

**Description Preparation Date:** 1/9/2025

**File Completion Date:** 8/10/2025

**Signature:**

**Head of Department Name:**

**Prof. Dr. Frhanq Farag Mohamed**

**Date:** 8/10/2025



**Signature:**

**Asst. Dean for Scientific Affairs:**

**Prof. Dr. Hamdi Hameed Yousif**

**Date:** 8/10/2025

**The file is checked by:**

**Department of Quality Assurance and University Performance**

**Director of the Quality Assurance and University Performance Department**

**Dr. Imad Rifaat Medhat**

**Date:** 11/10/2025

**Signature:**



**Approval of the Dean**

**Prof. Dr. Uday CH. Hasan**

### **1. Program Vision**

Our vision is strive for quality and excellence locally and regionally, leading the department to its theoretical and practical educational outputs in the field of physical education and sports sciences and their applied branches.

### **2. Program Mission**

The Department works to create an appropriate educational environment for its students to provide various relevant knowledge and science, and contribute to the development of the individual and society according to available resources.

### **3. Program Objectives**

1. Working to achieve the general and specific objectives of the Department of Physical Education and Sport Science.
2. Setting criterions and standards for quality in the educational sports activities in the department.
3. Rehabilitating of human capabilities through the development of programs for physical and scientific activity.
4. Raising the scientific level of students through the development of curricula (theoretical and applied).
5. Performing the skills of sports activities, and applying the requirements of security and health safety in the environment of sports practice.
6. Raising the level of interaction between civil society institutions through holding conferences and seminars in all fields.

### **4. Program Accreditation**

None

## 5. Other external influences

Ministry of Education, Ministry of Youth and Sports, Ministry of Planning

## 6. Program Structure

Program Structure	Number of Courses	Credit hours	Percentage	Reviews*
Institution Requirements	9	18	%12	Basic
College Requirements	–	–	–	–
Department Requirements	42	132	88%	Basic
Summer Training	None	–	–	–
Other	–	–	–	–

\* This can include notes whether the course is basic or optional.

## 7. Program Description

Year/Level	Course Code	Course Name	Credit Hours	
			theoretical	practical
2025-2026/First	PES20101	Athletics	0	4
2025-2026/First	PES20102	Soccer(m)	0	4
2025-2026/First	PES20103	Futsal(f)	0	4
2025-2026/First	PES20104	Weightlifting(m)	0	2
2025-2026/First	PES20105	Fitness(f)	0	2
2025-2026/First	PES20106	Swimming	0	2
2025-2026/First	PES20107	Basketball	0	4
2025-2026/First	PES20108	Scouting	0	2
2025-2026/First	PES20109	History & Philosophy of Sports Education	2	0
2025-2026/First	PES20110	Anatomy	2	0
2025-2026/First	UNV20111	Human Rights & Democracy	1	0
2025-2026/First	UNV20112	Computer	0	2
2025-2026/First	UNV20113	English Language	1	0
2025-2026/First	UNV20114	Arabic Language	1	0
2025-2026/Second	PES20215	Athletics	0	4
2025-2026/Second	PES20216	Gymnastics (m & f)	0	2
2025-2026/Second	PES20217	Boxing(m)	0	2
2025-2026/Second	PES20218	Rhythmic Gymnastics(f)	0	2
2025-2026/Second	PES20219	Teaching Methods	0	2
2025-2026/Second	PES20220	Volleyball	0	4
2025-2026/Second	PES20221	Handball	0	4
2025-2026/Second	PES20222	Sport Statistics	2	0

2025-2026/Second	PES20223	Biomechanics	2	0
2025-2026/Second	PES20224	Sport Training	2	0
2025-2026/Second	PES20225	Measurement & Evaluation	2	0
2025-2026/Second	UNV20226	The crimes of the Baath regime in Iraq	1	0
2025-2026/Second	UNV20227	Computer	0	2
2025-2026/Second	UNV20228	English Language	1	0
2025-2026/Second	UNV20229	Arabic Language	1	0
2025-2026/Third	PES20330	Racket Games	0	2
2025-2026/Third	PES20331	Gymnastics (m & f)	0	2
2025-2026/Third	PES20332	Wrestling (m)	0	2
2025-2026/Third	PES20333	Rhythmic Gymnastics(f)	0	2
2025-2026/Third	PES20334	Soccer(m)	0	2
2025-2026/Third	PES20335	Futsal(f)	0	2
2025-2026/Third	PES20336	Teaching Methods	0	4
2025-2026/Third	PES20337	Volleyball	0	2
2025-2026/Third	PES20338	Handball	0	2
2025-2026/Third	PES20339	Basketball	0	2
2025-2026/Third	PES20340	Fencing	0	2
2025-2026/Third	PES20341	Sports Injuries and Rehabilitation	2	0
2025-2026/Third	PES20342	Scientific Research	2	0
2025-2026/Third	PES20343	Motor Learning	2	0
2025-2026/Third	PES20344	Exercise Physiology	2	0
2025-2026/Fourth	PES20445	Athletics	0	4
2025-2026/Fourth	PES20446	Practical & Teaching Methods	0	4
2025-2026/Fourth	UNV20447	Computer (Practical)	0	2
2025-2026/Fourth	PES20448	Basketball	0	2
2025-2026/Fourth	PES20449	Volleyball	0	2
2025-2026/Fourth	PES20450	Soccer(m)	0	2
2025-2026/Fourth	PES20451	Futsal(f)	0	2
2025-2026/Fourth	PES20452	Handball	0	2
2025-2026/Fourth	PES20453	Management & Organization	2	0
2025-2026/Fourth	PES20454	Disabled Sports	2	0
2025-2026/Fourth	PES20455	Sports Training Science	2	0
2025-2026/Fourth	PES20456	Sport Psychology Science	2	0
2025-2026/Fourth	PES20457	Graduation Research Project	2	0

## 8. Expected learning outcomes of the program

### Knowledge

After successfully completing this program, graduates will have:

A1. The basic, historical, philosophical, social, and psychological knowledge of physical education.

A2. The basic knowledge of physical education related to vital aspects (Anatomy, Physiology and Biomechanics) and health.

A3. The theoretical knowledge related to individual and team sports.

A4. Knowledge of the fundamentals of scientific research, measurement and evaluation methods, linguistic and technical concepts, and the principles of human rights and democracy in the educational and sports fields.

Skills
After the successful completion of this program, graduates will be able to:
B1. Teach physical education and movement sciences for the secondary education stage.
B2. Utilizing linguistic and technical skills in communication and education, and applying the principles of human rights and democracy within educational practices.
B3. Analyse sports problems and propose appropriate solutions.
B4. Applying skills to support sustainable development at both national and global levels.
Ethics
After the successful completion of this programme, the graduates will enhance to:
C1. The value of loving work, taking responsibility, and teamwork.
C2. The coexistence, exchange, and acceptance of others, since sport is a means of meeting and bringing people closer together despite the existence of intellectual and cultural differences.
C3. The value of behavioural discipline.
C4. The transparency by promoting the concept of the rights and duties of students vis-à-vis the department, college, university, and homeland.

9. Teaching and Learning Strategies
<ol style="list-style-type: none"> <li>Method of lecture, discussion, questioning, exploration, special methods in teaching common concepts) This is related to theoretical education.</li> <li>(The method of cooperative learning and small groups) with regard to the practical aspect.</li> </ol>

10. Evaluation methods
Daily, quarterly and final written and practical exams, distributed 50% for the first and second semesters and 50% for the end of the year.

11. Faculty						
Faculty Members						
Academic Rank and name	Specialization		Special Requirements/Skills (if applicable)		Number of the teaching staff	
	General	Special			Staff	Lecturer
Prof. Dr. Uday Chasb Hasan	Philosophy of Physical Education	Biomechanics			√	
Prof. Dr. Farhang Farag Mohammed	Philosophy of Physical Education	Teaching methods			√	
Prof. Falih jaaz Shalash	Philosophy of Physical Education	Measurement and Evaluation			√	
Asst. Prof. Dr. Mohamed Ahmed Saber	Philosophy of Physical Education	Management and Organization				√

## 11. Faculty

### Faculty Members

Academic Rank and name	Specialization		Special Requirements/Skills (if applicable)		Number of the teaching staff	
	General	Special			Staff	Lecturer
Lect. Dr. Raya Mofed Majeed	Philosophy of Physical Education	Teaching methods			√	
Lect. Dr. Barzan Othman Qader	Philosophy of Physical Education	Teaching methods			√	
Lect. Dr. Mohammed Thamer Alobidi	Philosophy of Physical Education	Basketball			√	
Lect. Dr. Marwan Akram Ahmed	Philosophy of Education	Arabic Language			√	
Lect. Dr. Emad Abas Hussein	Philosophy of Physical Education	Handball				√
Lect. Dr. Mustafa Ahmed Taha	Philosophy of Physical Education	Sports Psychology			√	
Lect. Dr. Mohamed Salim Mohamed	Philosophy of Physical Education	Soccer			√	
Lect. Dr. Doaa SadAlla Gaeb	Philosophy of Physical Education	Motor Learning				√
Lect. Lukman Salih Kareem	Physical Education	Gymnastics				√
Asst. Lect. Zubair abdualsalm sulayman	Physical Education	Sports management			√	
Asst. Lect. Ahmed Seerwan Korsheed	Physical Education	Injury Rehabilitation			√	
Asst. Lect. Zainab Abdel-Amir Awaid	Physical Education	Rhythmic Gymnastics			√	
Asst. Lect. Ibrahim Rawdan Abdullah	Physical Education	Athletics Psychology			√	
Asst. Lect. Osman Saleh Karim	Education	Psychology			√	
Asst. Lect. Mohammed Abdel Rahim Abdel Karim	Physical Education	Volleyball			√	
Asst. Lect. Aya Adel Mohammed	Physical Education	Racket Games			√	
Lect. Dr. Alaa Ahmed Mohamed	Philosophy of Education	Comparative Jurisprudence			√	
Asst. Lect. Mohamed Mumtaz Yassin	Physical Education	Motor Learning				
Lect. Dr. Ayoub Saleh Nouri	Philosophy of Education	Arabic			√	
Asst. Lect. Riyam Taha Hamid	English education	English			√	
Asst. Lect. Zaid Abdul Hamid Jabbar	Law	Civil Law			√	
Lect. Dr. Zainab Saleh Ali	Engineering	Computer Engineering			√	
Mrs. Susan Mohammed Ahmed	Computer	-			√	

## **Professional Development**

### **Mentoring new faculty members**

- To Introduce the new faculty staff member to the vision, mission, and development goals of the university
- To inform the new faculty staff member of the role and responsibility of the university.
- To Sensitization of the new faculty staff member to his or her rights and duties.

### **Professional development of faculty members**

- To assist the new faculty staff member in alleviating his or her concerns as he or she engages in the educational process.
- To Participate of faculty staff member in professional and academic development programmes at the university.
- To Definition of the new faculty staff member to the university's scientific research programs to enable him to contribute to serving the university and society.

## **12. Acceptance Criterion**

Admission is direct, according to the regulations approved by the Ministry of Higher Education and Scientific Research.

## **13. The most important sources of information about the program**

Books, periodicals, theses, the international information network, and the personal experience of the instructor who is teaching the course.

## **14. Program Development Plan**

1. Review the previous steps and their outputs.
2. Viewing the latest developments from books, periodicals and the information network in the field of physical education and sports sciences.
3. Periodic (annual) updating of approved teaching plans.
4. Viewing the international information network (Internet).

## Program Skills Outline

Required program Learning outcomes															
Year/Level	Course Code	Course Name	Basic or optional	Knowledge				Skills				Ethics			
				A1	A2	A3	A4	B1	B2	B3	B4	C1	C2	C3	C4
2025-2026/ First	PES20101	Athletics	Basic	✓		✓	✓	✓		✓	✓		✓	✓	✓
	PES20102	Soccer(m)	Basic	✓		✓	✓	✓		✓	✓	✓	✓	✓	✓
	PES20103	Futsal(f)	Basic	✓		✓	✓	✓		✓	✓	✓	✓	✓	✓
	PES20104	Weightlifting(m)	Basic	✓		✓	✓	✓		✓	✓		✓	✓	✓
	PES20105	Fitness(f)	Basic	✓		✓	✓	✓		✓	✓	✓	✓	✓	✓
	PES20106	Swimming	Basic	✓		✓	✓	✓		✓	✓	✓	✓	✓	✓
	PES20107	Basketball	Basic	✓		✓	✓	✓		✓	✓	✓	✓	✓	✓
	PES20108	Scouting	Basic	✓		✓	✓	✓		✓	✓	✓	✓	✓	✓
	PES20109	History & Philosophy of Sports Education	Basic	✓			✓	✓		✓	✓	✓	✓	✓	✓
	PES20110	Anatomy	Basic	✓	✓		✓	✓		✓	✓	✓	✓	✓	✓
	UNV20111	Human Rights & Democracy	Basic				✓		✓		✓	✓	✓	✓	✓
	UNV20112	Computer	Basic				✓		✓		✓	✓	✓	✓	✓
	UNV20113	English Language	Basic				✓		✓		✓	✓	✓	✓	✓
	UNV20114	Arabic Language	Basic				✓		✓		✓	✓	✓	✓	✓
2025-2026/ Second	PES20215	Athletics	Basic	✓		✓	✓	✓		✓	✓		✓	✓	✓
	PES20216	Gymnastics (m & f)	Basic	✓		✓	✓	✓		✓	✓		✓	✓	✓
	PES20217	Boxing(m)	Basic	✓		✓	✓	✓		✓	✓		✓	✓	✓
	PES20218	Rhythmic Gymnastics(f)	Basic	✓		✓	✓	✓		✓	✓		✓	✓	✓
	PES20219	Teaching Methods	Basic	✓		✓	✓	✓		✓	✓	✓	✓	✓	✓
	PES20220	Volleyball	Basic	✓		✓	✓	✓		✓	✓	✓	✓	✓	✓
	PES20221	Handball	Basic	✓		✓	✓	✓		✓	✓	✓	✓	✓	✓
	PES20222	Sport Statistics	Basic	✓			✓	✓		✓	✓	✓	✓	✓	✓
	PES20223	Biomechanics	Basic	✓	✓		✓	✓		✓	✓	✓	✓	✓	✓
	PES20224	Sport Training	Basic	✓			✓	✓		✓	✓	✓	✓	✓	✓
	PES20225	Measurement & Evaluation	Basic	✓			✓	✓		✓	✓	✓	✓	✓	✓
	UNV20226	The crimes of the Baath regime in Iraq	Basic				✓		✓		✓	✓	✓	✓	✓
	UNV20227	Computer	Basic				✓		✓		✓	✓	✓	✓	✓
	UNV20228	English Language	Basic				✓		✓		✓	✓	✓	✓	✓
UNV20229	Arabic Language	Basic				✓		✓		✓	✓	✓	✓	✓	

## Program Skills Outline

Required program Learning outcomes															
Year/Level	Course Code	Course Name	Basic or optional	Knowledge				Skills				Ethics			
				A1	A2	A3	A4	B1	B2	B3	B4	C1	C2	C3	C4
<b>2025-2026/ Third</b>	<b>PES20330</b>	<b>Racket Games</b>	<b>Basic</b>	✓		✓	✓	✓		✓	✓		✓	✓	✓
	<b>PES20331</b>	<b>Gymnastics (m &amp; f)</b>	<b>Basic</b>	✓		✓	✓	✓		✓	✓		✓	✓	✓
	<b>PES20332</b>	<b>Wrestling (m)</b>	<b>Basic</b>	✓		✓	✓	✓		✓	✓		✓	✓	✓
	<b>PES20333</b>	<b>Rhythmic Gymnastics(f)</b>	<b>Basic</b>	✓		✓	✓	✓		✓	✓		✓	✓	✓
	<b>PES20334</b>	<b>Soccer(m)</b>	<b>Basic</b>	✓		✓	✓	✓		✓	✓	✓	✓	✓	✓
	<b>PES20335</b>	<b>Futsal(f)</b>	<b>Basic</b>	✓		✓	✓	✓		✓	✓	✓	✓	✓	✓
	<b>PES20336</b>	<b>Teaching Methods</b>	<b>Basic</b>	✓		✓	✓	✓		✓	✓	✓	✓	✓	✓
	<b>PES20337</b>	<b>Volleyball</b>	<b>Basic</b>	✓		✓	✓	✓		✓	✓	✓	✓	✓	✓
	<b>PES20338</b>	<b>Handball</b>	<b>Basic</b>	✓		✓	✓	✓		✓	✓	✓	✓	✓	✓
	<b>PES20339</b>	<b>Basketball</b>	<b>Basic</b>	✓		✓	✓	✓		✓	✓	✓	✓	✓	✓
	<b>PES20340</b>	<b>Fencing</b>	<b>Basic</b>	✓		✓	✓	✓		✓	✓		✓	✓	✓
	<b>PES20341</b>	<b>Sports Injuries and Rehabilitation</b>	<b>Basic</b>	✓	✓		✓	✓		✓	✓	✓	✓	✓	✓
	<b>PES20342</b>	<b>Scientific Research</b>	<b>Basic</b>	✓			✓	✓		✓	✓	✓	✓	✓	✓
	<b>PES20343</b>	<b>Motor Learning</b>	<b>Basic</b>	✓			✓	✓		✓	✓	✓	✓	✓	✓
<b>PES20344</b>	<b>Exercise Physiology</b>	<b>Basic</b>	✓	✓		✓	✓		✓	✓	✓	✓	✓	✓	
<b>2025-2026/ Fourth</b>	<b>PES20445</b>	<b>Athletics</b>	<b>Basic</b>	✓		✓	✓	✓		✓	✓		✓	✓	✓
	<b>PES20446</b>	<b>Practical &amp; Teaching Methods</b>	<b>Basic</b>	✓		✓	✓	✓		✓	✓	✓	✓	✓	✓
	<b>UNV20447</b>	<b>Computer (Practical)</b>	<b>Basic</b>				✓		✓		✓	✓	✓	✓	✓
	<b>PES20448</b>	<b>Basketball</b>	<b>Basic</b>	✓		✓	✓	✓		✓	✓	✓	✓	✓	✓
	<b>PES20449</b>	<b>Volleyball</b>	<b>Basic</b>	✓		✓	✓	✓		✓	✓	✓	✓	✓	✓
	<b>PES20450</b>	<b>Soccer(m)</b>	<b>Basic</b>	✓		✓	✓	✓		✓	✓	✓	✓	✓	✓
	<b>PES20451</b>	<b>Futsal(f)</b>	<b>Basic</b>	✓		✓	✓	✓		✓	✓	✓	✓	✓	✓
	<b>PES20452</b>	<b>Handball</b>	<b>Basic</b>	✓		✓	✓	✓		✓	✓	✓	✓	✓	✓
	<b>PES20453</b>	<b>Management &amp; Organization</b>	<b>Basic</b>	✓			✓	✓		✓	✓	✓	✓	✓	✓
	<b>PES20454</b>	<b>Disabled Sports</b>	<b>Basic</b>	✓	✓		✓	✓		✓	✓	✓	✓	✓	✓
	<b>PES20455</b>	<b>Sports Training Science</b>	<b>Basic</b>	✓			✓	✓		✓	✓	✓	✓	✓	✓
	<b>PES20456</b>	<b>Sport Psychology Science</b>	<b>Basic</b>	✓			✓	✓		✓	✓	✓	✓	✓	✓
<b>PES20457</b>	<b>Graduation Research Project</b>	<b>Basic</b>	✓			✓	✓		✓	✓	✓	✓	✓	✓	