



Republic of Iraq  
Ministry of higher education  
and scientific research  
Al-Kitab University  
College Of Pharmacy

***Neonatal treatment in neonatal care unit***

***Graduation project***

submitted to the council of the college of pharmacy, Al-Kitab  
university in the partial fulfillment of the requirements for the degree  
of B.Sc. in pharmacy

by

Marwah safauldeen sameen  
Eman mohammed abdulwahab  
Hajar nooraldin mohammed

*Supervised by:*

**Dr. Warqaa Naseer Saadoun**

2023 - 2024



## **Abstract**

### **Background**

Neonatal treatment in neonatal care units refers to the specialized medical care provided to newborn infants, particularly those born prematurely or with medical conditions requiring intensive care.

### **Methods**

This study conducted at Pediatric hospital in Kirkuk city in the period from 16/11/2023 to 18/2/2024, 50 newborns admitted to the neonatal care unit after agree with ethical issues.

### **Results**

The finding in this table indicated that in the study group the newborns age is (35.05±2.322) weeks, 44% for males and 56% for females, And the type of delivery 62% of newborns is C/S, 38% is NVD, And the Gestational age 52% is Term (>37 Week ), and 48% is ( Pre term <37 Week ).

### **Conclusion**

Neonatal treatment in neonatal care units encompasses a wide range of medical conditions, including preterm labor, respiratory distress syndrome, and neonatal jaundice. While significant progress has been made in improving neonatal survival rates and optimizing treatment strategies, ongoing research, interdisciplinary collaboration, and quality improvement initiatives are essential to address existing challenges and further enhance outcomes for newborns requiring neonatal care

Republic of Iraq  
Ministry of Higher Education  
and Scientific Research  
**UNIVERSITY OF AL-KITAB**  
**COLLEGE OF PHARMACY**



**Phytochemical Investigation of *Eucalyptus Camaldulensis*  
Dehnh. (Family: Myrtaceae) cultivated in Iraq**

**By**

**Abdulsalam Aref Abdulrazaaq**

**Naji Flayyih Ahmed**

**zakaria Najim Abdullah**

**Omer Ali Ahmed**

**Supervised By**

**Dr. Abdulaziz Ali Khalif**



**Date: 7 / 4 / 2024**

## Abstract

**Background:** *Eucalyptus camaldulensis* Dehnh. (Also called commonly Murry River gum and red river gum) is one of the most widely distributed species of Eucalyptus trees and the original land of this species in Australia in addition to distribution in many other countries. In Iraq, *Eucalyptus camaldulensis* Dehnh is the main species distributed vastly in various regions of the country. *E.camaldulensis* with the active constituents rich in pharmacologically significant secondary metabolites with proven activities including anti-bacterial, anti-fungal, anti-viral, antioxidant, and others.

**Objectives:** phytochemical screening of Iraqi *Eucalyptus camaldulensis* was the main aim of this study.

**Methods:** Hot method using soxhlet apparatus and extraction with 80% ethanol and cold method by maceration with 80% ethanol

**Results:** The resulted extract had been undergone preliminary chemical tests suggested the presence of alkaloids, steroids, terpenoids, flavonoids, tannins, coumarins, anthraquinone, and cardiac glycosides.

**Conclusion:** The Iraqi *E. camaldulensis* plant is rich in various secondary metabolites present with diverse pharmacological activities.

**Republic of Iraq**  
**Ministry of Higher Education and Scientific Research**  
**University of Al-Kitab College of pharmacy**



**PLANT EXTRACTS USED FOR  
CONTROLLING MENOPAUSAL**

**By**

**Sarah Ali Abd**

**Athraa flayeh mukhlef**

**Fatima Farhan Muhammad**

**Ola Mazhar Sabbar**

Research submitted to the pharmacy college at Al-Kitab  
University, which is part of the requirements for  
obtaining a bachelor's degree in pharmacy college

**Supervised By**

**Dr. Abdulaziz Ali Khalif**



**2024 A.D.**

**1445 A.H.**

## **Abstract**

Phytoestrogen-rich plants show promise in alleviating menopausal symptoms due to their ability to mimic estrogen's functions in the body. The biological mechanisms of menopause are rooted in ovarian changes, with a significant decrease in follicles leading to hormonal imbalances. Estrogen levels drop while FSH and LH increase, causing a decline in progesterone and eventual amenorrhea. Menopause typically occurs around age 50, earlier in certain populations like Africans, influenced by factors such as nutrition and smoking. Symptoms include vasomotor phenomena like hot flashes, affected by various triggers like alcohol, spicy foods, and tight clothing.

Urogenital atrophy due to estrogen deficiency can lead to additional discomfort. Hormone therapy effectively treats symptoms but may increase risks of certain conditions like breast cancer. Complementary therapies, particularly phytoestrogen-rich plants, offer promise in alleviating menopausal symptoms and reducing risks of certain diseases. Studies on Asian women suggest a link between phytoestrogen consumption and reduced menopausal symptoms and risks of breast and endometrial cancers, as well as improved bone health. Phytoestrogens mimic estrogen's functions by binding to estrogen receptors, offering a natural approach to managing menopausal symptoms.

### **1. Introduction**

Biological mechanisms associated with menopause originate from changes that occur in the structure and function of the ovaries. The number of follicles in women before menopause is ten times higher than that in women after menopause. There are almost no follicles in the ovaries of postmenopausal women. This indicates that the number of stored follicles is a determinant factor in menopausal transition period (1).

The onset of menopause is associated with a dramatic change in hormonal balance, a decrease in estrogen and increase in FSH and LH hormones, which ultimately reduces the level of progesterone and causes permanent amenorrhea (2). The average age of menopause is 50 years but in people of African origin, it occurs earlier. Nutrition and smoking also affect menopausal age (3). Acute menopausal syndrome includes vasomotor phenomena (hot flashes and night sweats) and psychosomatic symptoms, which are experienced differently in people with different psychological, social, and cultural characteristics (4).

Hot flashes are the most common symptom, which are experienced by women during menopause (5). Hot flashes are periodic flushing and sudden sweating disorder with chills, palpitations, anxiety, feeling of pressure in the head and chest, nausea, choking and lack of concentration which usually lasts from between a few seconds to a minute, and rarely lasts up to an hour (5, 6). Hot flashes may vary from



**An overview of pharmaceutical process Quality control variables of  
Aspirin manufacturing processes in industry**

**Al-Kitab University – College of Pharmacy**

**Graduation Project paper**

**A Proposal Paper By:**

**Abdulla Khalid Hazim**

**Afnan Ghazi Kawther**

**Sohaib Sattar Ayyed**

**Supervised By**

**Dr. Zain Al-Abidin Ghanim**



## ABSTRACT

The interchangeability between a generic and the respective reference drug is based on the concept of therapeutic equivalence between them, usually provided by evidence of pharmaceutical equivalence, bioequivalence, Good Manufacturing Practices (GMP), and quality control.

This study aimed to evaluate the pharmaceutical equivalence between four brands of 500 mg aspirin tablets (two generic, G, and two similar, S) in relation to the reference drug (Aspirin® Gerot lannach, R). The following tests were performed: friability; disintegration time; hardness; and thickness.

The similar drug 2 (S2) is out of specifications in the tests of limit of free salicylic acid, friability and assay. The drug S1 was not approved in the limit test. Moreover, the results from the dissolution profile (graphic and f2 factor) showed that the four test drugs were not pharmaceutically equivalent to the R.

**Keywords:** Pharmaceutical equivalence, Quality control, friability, hardness, and disintegration.





Ministry of Higher Education and Scientific Research Al-Kitab University –  
College of Pharmacy

2023-2024

*A comparative experience between the brand Mebeverine and Iraqi companies*

Graduation Project paper

*A Proposal Paper Submitted By:*

Ahmed Abd Al Ameer Muhsin

Mohammed Thamer Khalif

Shaimaa Nabil fatih

*Supervised By*

Dr. Zein Al-Abidin Ghanem



Al-Kitab University

College of Pharmacy

## **Abstract**

**Background:** Treatment options for colon disease and their prescriptions have increased over the years. This requires appropriate selection of medications. The main goal of this study was to highlight the difference in effectiveness between the same therapeutic materials from different companies. In this study, we devoted ourselves to comparing colon treatment with the same treatments from different Iraqi companies and comparing the effectiveness.

**Methods:** We conducted five tests in university laboratories on the same colon treatment for five companies. Different, write down the results and compare them.

**Objective:** To analyze the medications used to treat the colon and find out the differences in effectiveness, speed of action, price, and other differences between the different companies. In this research, we used four Iraqi companies and one foreign company, which represent the brand treatment.

**Results:** We obtained good results after conducting the tests, as there are some medicines with a low price compared to others that gave a good effect in terms of the speed of disintegration and other aspects of the tests.

**Conclusion:** Expenses for colon treatment can be reduced for colon patients, as the brand Abbot colon treatment can be replaced with colon treatment from Pioneer, where the difference in effectiveness is small and for whom the difference in price is large.”

*Republic of Iraq*  
*Ministry of Higher Education and Scientific Research*  
*University of Al-Kitab College of pharmacy*



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**HYPOTHYROIDISM AND VITAMIN D DEFICIENCY**

**By**

**Ahmed Sobhi Mahmoud**

**Ahmed Hussein Ali**

**Omar Al-Khattab Hamed Jassim**

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Research submitted to the pharmacy college at Al-Kitab University, which is part of the requirements for obtaining a bachelor's degree in pharmacy college

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**Supervised By**

**Dr.Thulfiqar Abdullah Mohammad**



**2024 A.D.**

**1445 A.H.**



# Different Between Gaviscon And Rennie

PROPOSAL OF PROJECT GRADUATION IN PHARMACY COLLEGE AL-KITAB UNIVERSITY (IN PARTIAL FULFILLMENT FOR THE DEGREE OF BACHELOR OF PHARMACY)

Pharmacy College

AL-Kitab University

Name of the student: Noor Farhan Abdullah

SUPERVISOR: Rozhgar faysal ahmed





# Different Between Gaviscon And Rennie

PROPOSAL OF PROJECT GRADUATION IN PHARMACY COLLEGE AL-KITAB UNIVERSITY (IN PARTIAL FULFILLMENT FOR THE DEGREE OF BACHELOR OF PHARMACY)

Pharmacy College

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Name of the student: Noor Farhan Abdullah

SUPERVISOR: Rozhgar faysal ahmed





**Ministry of Higher Education  
and Scientific Research  
Al-Kitab University  
College of Pharmacy**



## **conocarpus lancifolius**

**A research submitted to the Board of Directors of Al-Kitab  
University / College of Pharmacy to obtain a bachelor's  
degree by the student;**

**Akram Nejat Akram**

**Mohammed Ahmed Oleiwi**

**Supervised by**

**Asst. Asst. Abdulaziz Ali Khalif**



**2024**

**1445 H**

## Phytochemical and Pharmacological Reports of Conocarpus Erectus

### Abstract

*Conocarpus erectus* is an evergreen shrub found on the shorelines in tropical and subtropical regions of the world, throughout the America, tropical Africa, and West Indies. The main objective of this review was to highlight the relevant documented knowledge published about its botanical aspects, phytochemistry, traditional uses as well as therapeutic potential of *Conocarpus erectus*. This plant was selected due to its great medicinal importance like its leaves and fruits have been using traditionally as antipyretic, anti diabetic, anti malarial and for the treatment of conjunctivitis, syphilis, gonorrhoea, orchitis, diarrhoea, anemia, prickly heat and swellings etc. The plant has also reported to have pharmacological active phytochemicals i.e. conocarpan, conocarpol, gallic acid, ellagic acid, ellagitannin, castalagin, quercetin, myricetin and syringetin etc. The review expresses the ethnomedicinal potential of this plant specie as well as its importance in modern medicines.



Republic Of Iraq

Ministry Of higher education and Scientific research

Al-Kitab University

College of Pharmacy

## HAIR LOSS DISORDER (ALOPECIA)

BY:

MOHAMMED ARSALAN MOHAMMED

SUPERVISED BY:

DR. ROZHGAR FAISAL AHMMED



1445

2024



## **Abstract:**

### **Background**

Hair loss disorder (alopecia) is a medical condition of different etiologies in which case people lose some or all hairs on scalp and sometime on whole body. Minoxidil has been shown to induce a positive clinical response, either used alone or combined with other medications such as caffeine ,and also shown evidence to exhibit an antifibrotic action. Therefore, topical minoxidil treatment can be a therapeutic choice in the early course of dermatoses leading to scarring alopecia.

### **Method**

The cross sectional study was done to review on the use of minoxidil and combination of minoxidil and caffeine in hair loss disorder in Iraq. Pharmacist working in private pharmacy and those are engaged with academic and hospital works were included in this study.

### **Result**

In total 100 pharmacists responded to sectional study( 8 questionnaires sent), a large percentage of respondents were minoxidil as prescribed medication 61% by the pharmacist in there basic rule , although those prescribe combination of minoxidil and caffeine is 39% because of having more effect on hair loss. The drug of choice in male androgenic alopecia (minoxidil 40%, minoxidil and caffeine 10%, finasteride 50%), while the drug of choice in female androgenic alopecia (Minoxidil %40 , Minoxidil and caffeine 39% , finasteride 31%).

### **Conclusion**

It concluded through a research and a questionnaire regarding the use of minoxidil and caffeine. Minoxidil is the one that is used the most And combinations of Minoxidil and caffeine are also helpful on account of



Republic of Iraq

Ministry of Higher Education And Scientific Research

Al Kitab University / College of Pharmacy



# The Relationship Between Obesity and GERD

**A Research project Submitted to**

A Research project

Submitted to the department Al Kitab University College/  
Department College of Pharmacy as partial fulfillment of the  
Requirement for the degree of bachelor in College of Pharmacy

**SUBMITTED BY**

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**Dr. Rizgar Faisal Ahmed**



**2024 A.D**

**1444 A.H**

## **Abstract**

This study will utilize a cross-sectional design to investigate the relationship between obesity and gastroesophageal reflux disease (GERD). The study will involve recruiting participants from a primary care clinic who will be assessed for their body mass index (BMI) and presence of GERD symptoms.

Participants will be asked to complete a questionnaire to assess their symptoms of GERD, such as heartburn, regurgitation, and difficulty swallowing. Their BMI will be calculated based on their height and weight measurements taken by a trained research assistant.

Statistical analysis will be conducted to determine if there is a significant relationship between obesity and GERD. This analysis will involve calculating the correlation coefficient between BMI and GERD symptoms, as well as conducting logistic regression analysis to determine the odds of having GERD based on BMI category.

Ethical considerations will be taken into account throughout the study, including obtaining informed consent from participants, ensuring confidentiality of data, and providing appropriate care and support for individuals with GERD symptoms.

This study aims to provide valuable insights into the relationship between obesity and GERD, which could inform future prevention and treatment strategies for individuals at risk of developing GERD.



# (The Role and Efficacy of Dexamethasone Course in Prenatal Period to Decrease the Respiratory Distress Syndrome in Newborns)

## Written by

Sima Hashim Faqe

Zahra Tarq Ibrahim

Fatima Alzahra Kamaran

## Supervisor

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Msc.Bsc.ARPharmaS

College of pharmacy

Department of clinical pharmacy

May 2024



## Abstract

**Background:** Preterm premature rupture of membranes is an obstetric obstacle which has short and long-term consequences on neonatal outcome and will cause major neonatal morbidity and mortality.

**Methods:** This is a retrospective construction study conducted in Erbil Maternity Teaching Hospital using a sample size of (70) of patient .

**Result:** our study showed that in 70 cases 34 of patients received dexamethasone and 36 of them has not taken dexamethasone.it has efficacy on both patients taken dexamethasone before c-section.

**Conclusion:** Current study shows that dexamethasone had good effect to reduction of respiratory morbidity, admission to neonatal intensive care unit and mean days of admission.

**Methods:** retrospective study was conducted, at Maternity Teaching Hospital on 70 women divided into two groups.

First group (women) received Dexamethasone and the second group (women) not received dexamethasone.

Short term neonatal outcomes (respiratory morbidity and admission to neonatal intensive care units).

**Key words:** respiratory distress syndrome, Dexamethasone,preterm.



**IRAQ MINISTRY OF HIGHER EDUCATION AND SCIENTIFIC RESEARCH**

**AL KITAB UNIVERSITY**

**FACULTY OF PHARMACY**

**Synthesis and Characterization of Mg-Zn Nanoferrites**

**Flavonoids Fabricated: An Advanced Multifunction Hybrid**

**Nanocomposite for Biomedical Application**

**A PROJECT**

**SUBMITTED TO COUNCIL OF THE FACULTY OF THE PHARMACY, AL KITAB  
UNIVERSITY IN IN PARTIAL FULFILLMENT FOR THE AWARD OF THE DEGREE OF  
BACHELOR OF PHARMACY**

**SUBMITTED BY :**

**RAYAN ALI MUHAMAD**

**JAMAL FAISAL ZEINDEEN**

**SUPERVISED BY :**

**OSC.MSC.DR.ARAM SARDAR**



## Abstract

Nanosized mixed ferrites  $Zn_{1-x}Mg_xFe_2O_4$  ( $0 < x < 1$ ) was successfully synthesized by wet ferritization route. The as-prepared spinel nanoparticles were pre-treated with freshly extracted flavonoids (Flv) from agri-waste of *Punica Granatum* L. and *Allium cepa* L. The surface morphology, magnetic behavior and elemental compositions were characterized using XRD, FTIR, VSM, DTA-TGA, FE-SEM, EDX, TEM and BET. X-ray diffractograms proposed that the as-synthesized  $Zn_{1-x}Mg_xFe_2O_4$  (MZFO) nanoparticles have a single-phase cubic spinel structure. The morphological results confirm MZFO NPs fall into two categories of morphology: flower-shaped and plate-shaped particles and EDX spectra of MZFO and fabricated Flv/MZFO indicates the existence of Zn, Mg, Fe, O and C elements. Meanwhile, the TEM analysis of the modified MZFO corroborates that each particle is a single crystal, which is a significant finding with the average particle size of 22nm. Further, the modified MZFO NPs showed a weight loss of 39.17% associated to the surface modification. In addition, remarkable superparamagnetic behavior recorded for the modified MZFO with the saturation magnetization  $M_s$  up to 41.8750 emu g<sup>-1</sup>. Set results revealed that the as-synthesized Flv/MZFO is mesoporous nanosized materials with a total pore volume, average pore size, and specific surface area found to be 0.1349 cm<sup>3</sup>/g, 17.044 nm, and 31.655 m<sup>2</sup>/g, respectively.

Significant antibacterial efficacy (7 and 8mm inhibition zone) of conjugated Flv/MZFO nanoferrites was noticed against Gram-negative and Gram-positive bacteria, respectively. The minimum inhibitory concentration (MIC) of modified Flv/MZFO nanoferrites against *E. coli* and *S. aureus* were found to be 0.312 and 0.156 mg/ml, respectively. The obtained results from this work highlighted that the fabricated Flv/MZFO are low-cost, safe, challenges and prospective nanosized material in the biomedical field for the development of novel antibacterial agent and materials. Also, could be promising candidate nanocarriers for magnetically targeting drug delivery in future.

keywords; nanospinal ferrites, magnetic properties, antimicrobial activity, wet chemical method, biocomp



## THE GASTRO-PROTECTIVE EFFECT OF AZILSARTAN IN ETHANOL-INDUCED GASTRIC ULCER

THIS REVIEW ARTICLE SUBMITTED TO THE (DEPARTMENT OF  
PHARMACOLOGY & TOXICOLOGY/COLLEGE OF PHARMACY/ UNIVERSITY IN  
PARTIAL FULFILMENT OF THE REQUIREMENTS FOR THE DEGREE OF B.sc. OF  
PHARMACY

Prepared by

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Supervised by

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## **ABSTRACT**

Azilsartan is an angiotensin II receptor blocker that is commonly used to treat hypertension. Recent studies have suggested that azilsartan may also have potential therapeutic effects in cases of ethanol-induced gastric ulcer. Ethanol is known to damage the gastric mucosal barrier, leading to ulcers and inflammation. The exact mechanisms of ethanol-induced gastric damage are not fully understood, but it is thought to involve oxidative stress, inflammation, and disruption of the normal balance of protective factors in the stomach. In preclinical studies, azilsartan has been shown to reduce the severity of ethanol-induced gastric ulcers in animal models. One study found that azilsartan significantly reduced ulcer index and lipid peroxidation in rats with ethanol-induced gastric ulcers. Another study demonstrated that azilsartan reduced oxidative stress and inflammation in ethanol-induced gastric ulcer in mice, possibly through its antioxidant and anti-inflammatory properties. These findings suggest that azilsartan may have potential as a gastroprotective agent in cases of ethanol-induced gastric ulcer. The exact mechanisms underlying the gastroprotective effects of azilsartan in ethanol-induced gastric ulcer are not fully understood. However, it has been suggested that azilsartan may reduce oxidative stress and inflammation in the stomach, thereby reducing the severity of gastric ulceration. Azilsartan has been shown to have antioxidant and anti-inflammatory properties *in vitro*, and it is possible that these properties may contribute to its gastroprotective effects *in vivo*. In addition, azilsartan has been shown to increase the expression of heat shock proteins, which are known to have protective effects against various types of stress, including oxidative stress.



**Al-kitab University**  
**Department of pharmacy**  
**Graduation project**



**Project title : Assessment of Mental health  
And related services in Iraq**

**Participants : Ranj Abdulsalam Adil  
Sara Nuaman Faiq**

**Supervisor : Dr.Aram Sardar Ibrahim  
(Bsc.Msc.ARPharmS)**

**Academic year 2023-2024**



## **Abstract**

Just as we prioritize physical health through exercise and nutrition, tending to our mental health is crucial for leading fulfilling lives. Neglecting mental well-being can lead to a range of challenges, including mood disorders, anxiety, and difficulties in interpersonal relationships. These issues not only affect individuals personally but also ripple through their professional and social spheres.

Recognizing the significance of mental health encourages a holistic approach to healthcare, one that considers both physical and psychological needs. By investing in practices like therapy, mindfulness, and self-care, individuals can strengthen their resilience and develop healthier coping mechanisms. This proactive approach not only enhances individual well-being but also contributes to building more supportive and empathetic communities. Prioritizing mental health is essential for fostering a society where everyone can thrive emotionally, mentally, and physically.



**AL-KITAB UNIVERSITY  
COLLEGE OF PHARMACY**

**Comparative in-vitro quality evaluation of some brands of  
paracetamol tablet available in Iraqi market**

**By :**

**Solin Nawzad Ibrahim**

**Malath Abd Alrazak**

**Nabaa Amer Rajab**

**Graduation Project / Submitted to the College Pharmacy /  
University of Al-kitab in partial Fulfillment of the Requirements  
for Degree of Bachelor of science in pharmacy.**

**2023-2024**



**Main supervisor: Dr. Ibrahim M. Abdulbaqi**

**Co-supervisor: Lecturer Assistant Zain al-Abden Ghanim**

## **Abstract**

The quality of pharmaceutical products is very significant. Because pharmaceuticals must be promoted as safe, therapeutically effective formulations with reliable and consistent performance, product quality is crucial. A pharmaceutical product's purity, bioavailability, and optimal therapeutic action can all be guaranteed via an evaluation of its physical attributes. This study aimed to assess whether all brands adhere to USP guidelines and to compare the quality of various brands' paracetamol tablets. There are many different brands and different types of dosage forms of paracetamol under various trade names, manufactured by different pharmaceutical companies, available in the market. For this current research work, six brands (PARACETOL, PARACETAMOL-MDI, PARACTOL-D, PIODOL, ParAzar, and BRISTOL) of paracetamol tablets (500mg) commercially available in Iraq were collected, and evaluation studies were conducted, which included uniformity of weight, uniformity of diameter and thickness, friability test, hardness test, and disintegration test, performed as per the method described in the United States Pharmacopoeia (USP). All brands were found to comply with USP specifications. According to this analysis, minimum weight variation was found in ParAzar brand; Piodol showed the highest hardness (15.033 kg); the lowest friability was for BRISTOL (0.16%); and the highest friability loss was for PARACTOL-D Company (1%); all brands showed satisfactory disintegration time. For better therapeutic outcomes, quality control tests should be maintained strictly.

**Keywords:** paracetamol, USP, in vitro comparative study, quality control test, bioavailability



**AL-KITAB UNIVERSITY**  
**COLLEGE OF PHARMACY**

***comparative quality control study among  
different Iraqi brands of metronidazole***

**By:**

**Noor H. Mohammed**

**Sabreen H. Ibrahim**

**Ayat A. Saeed**

**Graduation Project / Submitted to the College of Pharmacy /  
University of Al-kitab in partial Fulfillment of the Requirements for  
Degree of Bachelor of science in pharmacy.**

**2023-2024**

**supervised by: Dr. Ibrahim M. Abdulbaqi**



## **Abstract**

**Objective:** This study's objective was to evaluate the caliber of a few chosen metronidazole products found in Iraqi community pharmacies.

Quality control tests are important to ensure tablets meet standards for safety, efficacy and patient acceptability. Key tests include weight variation, hardness, friability, disintegration, diameter & thickness.

Healthcare services in underdeveloped nations, like Iraq, are facing significant challenges due to the importation of drugs from subpar manufacturers and the smuggling of counterfeit medicines. As a consequence, in order to confirm quality and ascertain which product may securely replace the innovator product in the event that the innovator brand one is unavailable or too expensive, ongoing post-marketing quality testing is required. Several pharmaceutical businesses offer metronidazole tablets for sale in the Iraqi market. Since metronidazole is the most often given antiprotozoal medication in Iraq and many other nations worldwide, it was selected for this comparison analysis. To determine the pharmaceutical equivalency of the different generic brands of Metronidazole film-coated tablets (500 mg) marketed, a number of quality control tests have been carried out in this study.

Metronidazole is a commonly used antibiotic, belonging to the nitroimidazole class of antibiotics. It is frequently used to treat gastrointestinal infections as well as trichomoniasis and giardiasis, and amebiasis which are parasitic infections. Metronidazole has been used as an antibiotic for several decades, with added anti-parasitic properties that set it apart from many other antibacterial drugs, allowing it to treat a wide variety of infections. It is available in capsule form, tablet form, and topical form, and suppository preparations for the treatment of various infections.

Based on the experiment we have conducted, it turns out that "Metazol-awa" had the faster disintegration time, while "Medagyl" had the greatest hardness. Generally speaking, it appears that Iraqi brands have a good quality and we can use them as alternatives to other brands.



**Republic of Iraq  
Ministry of Higher Education and  
Scientific Research  
Al-Kitab university  
College of Pharmacy**



## **Nanoparticles Preparation Methods, Characterization, and Application**

**A Graduation Project Submitted To The College Of  
Pharmacy, Al-Kitab University In Partial Fulfillment Of  
The Requirements For The Degree Of Bachelor's In  
Pharmacy**

**Submitted by:  
Samer Mohammed Ahmed  
Wissam Younis Khalaf**

**Under Supervision of:  
Associate.Prof.Yasser. Abdel Aleem**





## **A. Abstract:**

### **Nanoparticles in Pharmaceuticals**

#### **- Revolutionizing Drug Delivery:**

Nanoparticles, particles with dimensions in the nanometer range (billionths of a meter), are revolutionizing the pharmaceutical industry. Their unique properties offer immense potential for drug delivery, promising enhanced efficacy, reduced side effects, and targeted therapies. This project delves into the world of nanoparticles, exploring their preparation methods, characterization techniques, and groundbreaking applications.

**Preparation Methods:** Various techniques exist for crafting nanoparticles, each with its strengths. Nanoprecipitation offers a simple and versatile approach, involving the precipitation of a drug solution in a non-solvent. Emulsification-solvent evaporation allows for good control over particle size by emulsifying a drug solution in water and then evaporating the solvent. Supercritical fluid technology provides a sterile and environmentally friendly method by utilizing a supercritical fluid to dissolve the drug, followed by rapid expansion to form nanoparticles.

**Characterization Techniques:** Once prepared, nanoparticles undergo rigorous characterization to ensure their quality and suitability for drug delivery. Particle size and distribution, determined by techniques like dynamic light scattering, are crucial for efficient drug delivery. Surface charge, measured by zeta potential, influences nanoparticle stability and interaction with biological systems. Electron microscopy (SEM and TEM) provides high-resolution images of nanoparticle morphology, revealing their shape and surface features.

**Applications in Pharmaceuticals:** Nanoparticles offer a plethora of applications, transforming the landscape of drug delivery. They can significantly improve the solubility of poorly soluble drugs, enhancing their bioavailability and therapeutic potential. Controlled drug release can be achieved by designing nanoparticles to release their cargo over a sustained period, reducing dosing frequency and improving patient compliance. Targeted drug delivery represents a paradigm shift. By functionalizing nanoparticles to target specific cells or tissues, researchers aim to minimize side effects and maximize therapeutic efficacy.

**Future Prospects:** The future of nanoparticles in pharmaceuticals is brimming with exciting possibilities. Advanced nanocarriers with improved targeting capabilities and controlled release profiles are under development. Combination therapies utilizing nanoparticles hold promise for delivering combinations of drugs to



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College Of Pharmacy



# Nanomedicine innovation for fighting of liver virus

**Graduation Project Submitted to the College of Pharmacy  
Al- Kitab University in Partial Fulfillment of the  
Requirements for the Degree of Bachelor in Pharmacy**

Submitted by

**Ahmed Abd AlMoneim Saleh**

**Rania Haqi ismael**

**Eman Haydar Ghadhban**

*Under Supervised of*  
**Associate prof/ Yasser Abdul Aleem**

**2024**



## Abstract

The continuous evolution of new viruses poses a danger to world health. Rampant outbreaks may advance to pandemic level, often straining financial and medical resources to breaking point. While vaccination remains the gold standard to prevent viral illnesses, these are mostly prophylactic and offer minimal assistance to those who have already developed viral illnesses. Moreover, the timeline to vaccine development and testing can be extensive, leading to a lapse in controlling the spread of viral infection during pandemics. Antiviral therapeutics can provide a temporary fix to tide over the time lag when vaccines are not available during the commencement of a disease outburst. At times, these medications can have negative side effects that outweigh the benefits, and they are not always effective against newly emerging virus strains. Several limitations with conventional antiviral therapies may be addressed by nanotechnology. By using nano delivery vehicles, for instance, the pharmacokinetic profile of antiviral medications can be significantly improved while decreasing systemic toxicity. The virucidal or virus-neutralizing qualities of other special nanomaterials can be exploited. This review focuses on the recent advancements in nanomedicine against RNA viruses, including nano-vaccines and nano-herbal therapeutics.

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and Scientific Research  
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**COLLEGE OF PHARMACY**



**Comparison the effects of Lisinopril versus Telmisartan on  
Renal Function Parameters in Diabetic type2 Hypertensive  
Patients.**

Research submitted to the pharmacy college at Al-Kitab  
University, which is part of the requirements for obtaining a  
bachelor's degree in pharmacy college

by

**Ahmed Mohammed Abdullah**

**Rasool Khalid Mohammed**

**Anowar Suhad Waad**

**Supervised by:**

**Dr. OSAMAH ABDULLAH HASAN**

Date: 4 / 5 / 2024



## **Abstract**

Hypertension is one of the most important comorbidities of diabetes, contributing significantly to death and disability and leads to macrovascular and microvascular complications. When assessing the medical priorities for patients with diabetes, treating hypertension should be a primary consideration.

Renal function is directly affected by both diseases and diabetic nephropathy is one of the most important and common complication in diabetic hypertensive patients.

Angiotensin converting enzyme inhibitors (ACEIs) and angiotensin receptor blockers (ARBs) are the most effective drugs for treating hypertension in diabetes, in the absence of contraindications and they are superior to other medications such as calcium antagonists or diuretics which are acceptable as second-line agents.

Once the target is achieved, antihypertensive drugs should be continued. There are some dispersed works that involved telmisartan and much less researches on lisinopril. However, there is lack in these studies to involve comparative effects of both drugs.

Therefore, this study aimed to compare the reno-protective effect of most common agents in ACEIs and ARBs, lisinopril and telmisartan.



Republic of Iraq  
Ministry of higher education  
and scientific research  
Al-Kitab University  
College Of Pharmacy



## *Spray drying technique for powder inhalation*

**Graduation Project Submitted to the College of Pharmacy  
Al- Kitab University in Partial Fulfillment of the  
Requirements for the Degree of Bachelor in Pharmacy**

*Submitted by:*  
**Ahmed Fouad Aljbourey  
Omar maan jasim**

*Under Supervised of*  
**Associate prof/ Yasser Abdel Aleem**



2024

## **Abstract**

Spray drying is a constructive single-step manufacturing technique used to produce dry powder. Spray drying plays a remarkable role in producing inhalable powder formulations due to its ability to engineer particles with optimized characteristics for inhalation. However, the complexity of drying kinetics and particle formation process coupled with the specificity of the targeted physicochemical characteristics of inhalable particles makes it a very interesting area of research. This review will discuss various aspects of spray drying such as configurations and functions, drying kinetics, component distribution and particle solidification. Furthermore, the review will focus on the functionality and behavior of excipients during drying. Finally, characterization techniques used to investigate components distribution within dried particles will be highlighted with research thrust in this area.

## **Introduction**

Dry powder inhalers (DPIs) have gained a great attention in recent decades due to their advantages over other inhalation devices such as nebulizers, metered dose inhalers (MDIs) and soft mist inhalers (SMIs) for several reasons. For instance, unlike nebulizers, MDIs and SMIs, DPIs contain the API in the solid state which displays higher physical stability storage [1]. In addition, DPIs have the advantages of being portable, propellant-free, with low risk of hand mouth miscoordination [2]. The vast majority of commercialized DPIs depend on the use of a physical mixture of a coarse carrier (most commonly lactose monohydrate sized 50–100  $\mu\text{m}$ ) with small inhalable drug particles (1–5  $\mu\text{m}$ ) in order to overcome the strong cohesive and adhesive properties of the drug and improve metering [3]. However, the carrier/API mixture system must achieve optimum adhesive force for the API particles to be successfully delivered to the deep lung. On one hand, the interaction forces between the carrier and the API need to be strong enough to hold particles together during the manufacturing process and storage. On the other hand, they also need to be weak enough to free the API particles upon aerosolization [4]. Unfortunately, it is difficult to achieve the desired adhesive force due to the complexity of the interparticle forces which depends on several intrinsic and extrinsic factors. Thus, it has become commonly acceptable to achieve a deep lung



Al-Kitab University



College of Pharmacy

## **The impact of isotretinoin on patients in cities across Iraq**

Submitted in partial fulfillment of a bachelor of science in pharmacy

Prepared by:

**Bahra Abdulrahman Aziz**

**Narin Yasin Sabir**

**Eman Salah**

Supervised by:

**Dr. Aram Sardar Ibrahim**

**Bsc. Msc. ARPharmS**

2023-2024





## **Abstract**

Isotretinoin is a widely used medication among young patients for the management of acne. It has multiple health implications among young patients. This was a retrospective cross-sectional study conducted among 135 number of patients across the northern region of Iraq.

Isotretinoin (13-cis-retinoic acid) is, a retinoid derivative of vitamin A. In 1982, the Food and Drug Administration (FDA) of the United States of America approved it to treat severe recalcitrant acne vulgaris.

We collected data using google forms, because this is easy accessible by patients and allows us to collect data from difference cities in Iraq, and this data was collected online and recorded on an excel file. We created and organized and took information of questions by help of journey website and also some questions we prepared by our decision and information.

Most participants are female, their ages was between 21-30 years old, and most of them didn't use any other acne medication previously, In this data the patients didn't use any contraceptive methods, the patients that they had been warned about side effects of isotretinoin are 25 patients, 43 patients know by their self, 67 patients didn't know about side effects of isotretinoin.

We chose to study about isotretinoin because it was a rare object in Iraq to tell everyone that isotretinoin is the medicine should be used under caution despite its usefulness.

The pharmacists should be careful when they give isotretinoin, they shouldn't give without prescription and they should tell them the side effects about the medication and the way of administering, in Iraq according to our studying most patients don't use isotretinoin under doctors consultant this phenomenon should be regulated and not let the pharmacist to give isotretinoin by their self.



Republic of Iraq  
Ministry of higher education  
and scientific research  
Al-Kitab University  
College Of Pharmacy



## ***Toxicity of metallic NPS***

Graduation Project Submitted to the College of Pharmacy  
Al-Kitab University in Partial Fulfillment of the  
Requirements for the Degree of Bachelor in Pharmacy

Submitted by:

Othman Attia Hussein  
Abdul Qader Ibrahim Muhammad  
Hassan Maher Aousif

Under Supervised of  
Associate prof/ Yasser Abdel Aleem

2024



## Abstract:

Metal nanoparticles have been extensively investigated for different types of pharmaceutical applications. However, their use has raised some concerns about their toxicity involving the increase of reactive oxygen species causing cellular apoptosis. Therefore, in this review we summarize the most relevant toxicity mechanisms of gold, silver, copper and copper oxide nanoparticles as well as production methods of metal nanoparticles. Parameters involved in their toxicity such as size, surface charge and concentration are also highlighted. Moreover, a critical revision of the literature about the strategies used to reduce the toxicity of this type of nanoparticles is carried out throughout the review. Additionally, surface modifications using different coating strategies, nanoparticles targeting and morphology modifications are deeply explained. Recent advances in the synthesis and development of nanoparticles (NPs) for wide applications has led to a serious threat to both human and environmental health. NPs are highly reactive and catalytic in nature compared to their ions or bulk counterparts and thus applicable in various fields including drug delivery, electronics, optics, and therapeutics. Metal nanoparticles have been extensively investigated for different types of pharmaceutical applications. However, their use has raised some concerns about their toxicity involving the increase of reactive oxygen species causing cellular apoptosis. -“.

Metallic nanoparticles are considered the most potent agents in the modern world because they are used in every field of life, including the biotechnology, medical, textile, and food industries. Owing to their increased application, humans are constantly exposed to these nanoparticles. Their physiochemical characteristics, as their large surface to volume ratio might enhance their toxicity, increased surface area of NPs exhibit increased biological activity i.e reactive oxygen species generation when compared to large particles of the same mass. Consequently, their biosafety is a matter of major concern



Republic of Iraq  
Ministry of Higher  
Education  
and Scientific Research  
Al-Kitab University  
Pharmacy college



## **Different methods for enhancing the bioavailability**

Research submitted to the pharmacy college at Al-Kitab University, which is part of the requirements for obtaining a bachelor's degree in pharmacy college

### **Submitted By:**

- Enji Adil Mohammed
- Afnan Mueyyed Nuraldin
- Sabaa Thanoon Hamid



Under Supervised of

Associate Prof / Yasser Abdel Aleem

2023/2024

## **Abstract**

A drug's aqueous solubility is defined as the ability to dissolve in a particular solvent, and it is currently a major hurdle in bringing new drug molecules to the market. According to some estimates, up to 40% of commercialized products and 70–90% of drug candidates in the development stage are poorly soluble, which results in low bioavailability, diminished therapeutic effects, and dosage escalation. Because of this, solubility must be taken into consideration when developing and fabricating pharmaceutical products. To date, several approaches have been investigated to address the problem of poor solubility. This review article attempts to summarize several conventional methods utilized to increase the solubility of poorly soluble drugs. These methods include the principles of physical and chemical approaches such as particle size reduction, solid dispersion, supercritical fluid technology, cryogenic technology, inclusion of complex formation techniques, and floating granules. It includes structural modification (i.e., prodrug, salt formation, cocrystallization, use of co-solvents, hydrography, polymorphs, amorphous solid dispersions, and pH variation). Various nanotechnological approaches such as liposomes, nanoparticles, dendrimers, micelles, metal-organic frameworks, nanogels, nanoemulsions, nanosuspension, carbon nanotubes, and so forth have also been widely investigated for solubility enhancement. All these approaches have brought forward the enhancement of the bioavailability of orally administered drugs by improving the solubility of poorly water-soluble drugs. However, the solubility issues have not been completely resolved, owing to several challenges associated with current approaches, such as reproducibility in large-scale production. Considering that there is no universal approach to solving solubility issues, more research is needed to simplify the existing technologies, which could increase the number of commercially available products employing these techniques.



Republic of Iraq  
Ministry of higher education  
and scientific research  
Al-Kitab University  
College Of Pharmacy



## *Influenza Vaccine*

Graduation Project Submitted to the College of Pharmacy Al- Kitab  
University in Partial Fulfillment of the Requirements for the Degree of  
Bachelor in Pharmacy

*Submitted by:*  
Ahmed Mohammed Ali Sabri  
Noor Najdet Mohammed Ali  
Ayshan Ayfer Adnan

*Supervised by:*  
Dr. Oral bakir

2024



## ABSTRACT

### Background:

Influenza (flu) vaccines (often called “flu shots”) are vaccines that protect against the four influenza viruses that research indicates will be most common during the upcoming season. Most flu vaccines are “flu shots” given with a needle, usually in the arm, but there also is a nasal spray flu vaccine.

### Materials and methods:

This is an experimental study conducted 83 patients received vaccine after flu at internist medicine private clinic in the period from 16/11/2023 to 18/2/2024, after agree with ethical issues.

### Results:

The finding in this table indicated that in the study group the patients age is (28.63,  $\pm 7.843$ ) years, 42.2% for males and 57.8% for females, **Job:** Doctor (8.4%), Lab staff (28.9%), Nurse (18.1%), Pharmacist (44.6%), **Other disease conditions:** Non (79.5%), Hypertension (9.6%), Diabetic (4.8%), Thyroid (3.6%), Thalassemia (1.2%).

### Conclusion:

Our study investigated the comparative analysis of flu vaccine symptomatology before and after the COVID-19 pandemic reveals a significant increase in reported symptoms in the post-pandemic era. This surge in symptom reporting can be attributed to a myriad of factors, including heightened public health consciousness, psychological stressors, vaccine hesitancy, and complex immune interactions with COVID-19 infection or vaccination.



Republic of Iraq  
Ministry of Higher Education and Scientific Research

Kitab University

College of Pharmacy  
Department of Pharmacology and Toxicology

# Effectiveness of some antibiotics against pseudomonas aeruginosa infection in burn patients

A graduation project

Submitted to College of

Pharmacy as a partial fulfillment of the requirement for the degree of  
Bachelor of Science in Pharmacy

**By:**

**Mohammed sajed obeer**

**Ahmed sarkawt rahamatalla**

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**Hogr Abdulrahman habib**

Supervised by:

**Dr.Oral Mohammed Bakr**





**The Republic of Iraq**

**Ministry of Higher Education and Scientific Research**

**AL-Kitab University**

**College of Pharmacy**



# **Relationship between Asthma Immunoglobulin ( IGg, IGM, IGE) and blood group**

**This Project Submitted to Council of Collage of pharmacy,  
University of AL-Kitab in Partial Fulfilment of  
Requirement for the Degree of Bachelor in pharmacy**

**By Researchers:**

**Abd al Wahab Mahmoud Yaqoub**

**Abd al Rahman Hassan mohammed**

**Mohammed ahmed jajan**

**Shaima Sheikh Hussein**

**Zahraa Ahmed Abdullah**



**Assist. Prof. Dr.: Hassan Ahmed Hassan**

**2024 A.D**

**1445 A.H**

## ABSTRACT

This descriptive paper deals with a graduation research project for a fifth year student in the Faculty of Pharmacy – University of AL-Kitab. It aims to find out the relationship between asthma, immunological factors and blood groups.

Asthma is one of the common diseases that affect the respiratory system and is considered a chronic disease that has a significant impact on the functioning of the body.

As for the immune factors (IGM, IGg, IGE), they may be greatly affected by asthma, as the IGM rises directly when any infection enters the body.

Blood groups are categories that differ from one person to another, and each person has his own type, and the factions are four types A, B, AB, O. Blood Group generally is not effected on the Asthma.

During ages and genders, and the results showed that

2% of people have normal immune factors

While the effect appeared in 80% and also affected blood groups.

The IGE immune factor is the most affected immune factor in asthma.

From the results obtained, it was found that IGM has less effect on asthma.

Most patient elevated IGg concentration with asthma and some normal patient is elevated IGg concentration because this patient suffere from other infection.

Republic of Iraq  
Ministry of Higher Education  
and Scientific Research  
**UNIVERSITY OF AL-KITAB**  
**COLLEGE OF PHARMACY**



**Prevalence of Anemia, Iron Deficiency Anemia and its  
Sociodemographic Factors among Pregnant Women in Kirkuk**

Research submitted to the pharmacy college at Al-Kitab  
University, which is part of the requirements for  
obtaining a bachelor's degree in pharmacy college

**By**

بارق ابراهيم محمود  
عماد عبد حسين  
ابراهيم امير احمد  
امير خليل ابراهيم

**Supervised By**

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Date: 28 / 4 / 2024

## **Abstract**

Anemia is the most common hematologic abnormality in pregnancy. Maternal anemia is associated with adverse fetal, neonatal, and childhood outcomes. This study aims to determine the prevalence of anemia, and iron deficiency anemia (IDA), the severity of the condition, and study the effect of some sociodemographic factors on pregnant women in Kirkuk province.

The study was conducted among 157 pregnant women between 17 and 49 years old. Participants completed a questionnaire that included sociodemographic characteristics, disease, and gestational age. A hematological evaluation, including a complete blood count and serum for ferritin testing. Results of this study have shown that the prevalence of anemia and IDA were 34.4% and 15.3%, respectively. Almost three-quarters of the pregnant women had mild anemia, while 31% of the participants had moderate anemia, and about 60% of the participants were diagnosed with normocytic anemia.

The second trimester had the highest prevalence, with 51.9% for the anemic and 45.8% for IDA participants, while the first trimester showed the lowest prevalence, with 14.8% for the anemic and 12.5% for IDA participants. Age, occupation, anemia, and IDA did not make a significant difference.

Moreover, there was no significant difference in blood indices between anemic and IDA participants. The serum ferritin level was unaffected by the pregnancy trimesters.



جامعة الكتاب  
كلية الصيدلة

REPUBLIC OF IRAQ  
Ministry of higher education  
and scientific research  
AL-KITAB University  
College of pharmacy



وزارة التعليم العالي  
والبحث العلمي

## GRADUATION PROJECT

### HORMONAL CHANGE IN PATIENT WITH POLYCYSTIC OVARY SYNDROME

" تم انجاز هذا البحث استكمالاً لمتطلبات الحصول على درجة البكالوريوس في الصيدلة "

انجاز الطالبة :-

١. زيد مثنى طارق محمود

٢. مريم عبد المجيب نايف عبد اللطيف

٣. عباس حسين

٤. مصطفى ايمان

مشرف البحث:-

أ.د. شذى رؤوف مصطفى



# Hormonal changes in PCOS

## Abstract

Polycystic ovary syndrome (PCOS) is a common endocrinopathy occurring in reproductive-age women. Hyperandrogenism, polycystic ovaries, chronic anovulation, and metabolic aberrations are the common features in PCOS. Hormonal changes are causing pathological symptoms in women with PCOS. The various hormone alterations in PCOS have been demonstrated. Hormones, such as insulin, growth hormones (GH), ghrelin, LEAP-2, gonadotropin-releasing hormone (GnRH), insulin, the luteinizing hormone/follicle-stimulating hormone (LH/FSH) ratio, androgens, and estrogens, are all abnormal in PCOS women. These hormones are related to metabolic disorders, such as diabetes and insulin resistance, overweight and obesity, infertility, and disturbed menstrual cycle in PCOS patients. The pathological changes of these hormones, such as increased insulin, reduced GH, increased ghrelin, and leptin resistance, result in an increased prevalence of diabetes and obesity in PCOS women. A reduced GH, increased LEAP-2 levels, high LH basal, increased LH/FSH ratio, high androgens, and low estrogen are demonstrated in PCOS and linked to infertility. This narrative review aims to clarify the changes of hormone profiles, such as insulin, GH, LH, FSH, androgens, estrogen, progesterone, ghrelin, LEAP-2, asprosin, and subfatin, in PCOS, which may reveal novel targets for better diagnosis and treatment of PCOS.

Ministry of higher Education

And Scientific Research

Al-kitab University

College of Pharmacy



# EVALUATION OF TABLET DOSAGE FORM

By

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Zain Al Abdeen Habib Hazim

Mohammed Fadil Khudur

Nama Rikan Battah

This Project Submitted to Council of Collage of pharmacy  
University of AL-Kitab in Partial Fulfilment  
of Requirement for the Degree of  
Bachelor in pharmacy



Supervised By

Dr. Hassan Ahmed

— 2024 —

## Abstract

Tablet dosage forms represent a cornerstone in pharmaceutical formulations due to their convenience, stability, and ease of administration. This abstract outlines a comprehensive evaluation of tablet dosage forms, encompassing various parameters critical to their quality, efficacy, and safety. The evaluation encompasses physical characteristics such as appearance, size, shape, and uniformity, as well as mechanical properties including hardness, friability, and disintegration time. Additionally, the chemical aspects, including drug content uniformity, dissolution rate, and stability, are thoroughly investigated. Furthermore, considerations extend to pharmaceutical technology, manufacturing processes, and regulatory compliance. The evaluation aims to provide insights into the quality control measures necessary for ensuring the efficacy, safety, and consistency of tablet dosage forms, thereby contributing to the advancement of pharmaceutical science and patient care.

1. **Convenience:** Tablets are easy to swallow, making them a convenient dosage form for patients of all ages. The ease of administration improves patient compliance with medication regimens.

2. **Accurate Dosage:** Tablets allow for precise dosing of medications, ensuring that patients receive the correct amount of active ingredient with each dose.

3. **Stability:** Tablets are generally more stable than liquid forms, which can degrade over time.





**Republic of Iraq**

**Ministry of higher education & Scientific research**

**Al Kitab university – College of Pharmacy**

**2023 – 2024**

**Students name :**

**Fatima thabt**

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**Zainab Yashar**

**Aya Arsalan**

**Supervisor name : Oral bakir**



## **Healthy lifestyle behaviours as a risk factor for chronic disease among university students in Kirkuk province.**

### **Abstract:**

Cardiovascular disease (CVD) is one of the leading causes of death worldwide. There are many predisposing factors related to the development of cardiovascular diseases. Risk factors include cigarette smoking, high blood pressure and diabetes, along with a high-fat diet and lack of exercise. The risk factors for young adults accurately predict the long-term risk of CVD. To identify people at risk and encourage lifestyle changes before the disease progresses, early detection is essential. The current study aims to assess the prevalence of CVD risk factors among universities students at in Kirkuk/Iraq. Eight hundred and sixty six students were randomly chosen to participate in the study. Data was collected using questionnaire, which includes Sociodemographic variables and risk factors for cardiovascular disease. The following parameters were evaluated, blood pressure, random blood glucose, body mass index, smoking, physical activity, hours of sleep and eating pattern. It was observed that (48.2%) of student have sedentary live. While only (6.9%) of them consume unhealthy diet as students with overweight consist (38.8%). Intervention programs should thus be started to increase university students' health knowledge of CVD risk factors, encourage them to adopt and stimulate physical activity with cigarette cessation programmes.



Republic of Iraq  
Ministry of higher education  
and scientific research  
Al-Kitab University  
College Of Pharmacy



*Azilsartan Attenuation of Ocular Toxicity Induced  
by Cisplatin*

A research submitted to the college of pharmacy as a requirement for the  
B.Sc. degree in pharmacy for the academic year 2023-2024.

*Submitted by:*  
Mustafa Najj Ahmed  
Mohammed hamed Abd Al Kareem  
Fabian sadi Hanna

*Supervised by:*  
Assis. Prof. Dr. Ansam Naji

2023-2024



## **Abstract**

**Azilsartan, a potent angiotensin II receptor blocker, has garnered attention for its potential protective effects against cisplatin-induced ocular toxicity. Cisplatin, a widely used chemotherapy drug, often causes significant ocular side effects, including vision impairment and retinal damage. Recent studies have shown that Azilsartan may mitigate these adverse effects by inhibiting inflammatory pathways and oxidative stress mechanisms within the eye. Its ability to modulate angiotensin II receptors may also contribute to preserving retinal function and reducing apoptosis in ocular tissues. Additionally, Azilsartan's neuroprotective properties may further safeguard against cisplatin-induced neurotoxicity in the visual system. This potential therapeutic intervention holds promise for improving the quality of life for cancer patients undergoing cisplatin treatment, offering a novel approach to mitigate ocular complications associated with chemotherapy. Further research is warranted to elucidate the precise mechanisms underlying Azilsartan's protective effects and optimize its clinical application in preventing cisplatin-induced ocular toxicity.**



Republic of Iraq  
Ministry of higher education  
and scientific research  
Al-Kitab University  
College Of Pharmacy



## *Azilsartan Attenuation of Ocular Toxicity Induced by Cisplatin*

A research submitted to the college of pharmacy as a requirement for the  
B.Sc. degree in pharmacy for the academic year 2023-2024.

*Submitted by:*  
Mustafa Naji Ahmed  
Mohammed hamed Abd Al Kareem  
Fabian sadi Hanna

*Supervised by:*  
Assis. Prof. Dr. Ansam Naji

2023-2024



## Abstract

**Azilsartan, a potent angiotensin II receptor blocker, has garnered attention for its potential protective effects against cisplatin-induced ocular toxicity. Cisplatin, a widely used chemotherapy drug, often causes significant ocular side effects, including vision impairment and retinal damage. Recent studies have shown that Azilsartan may mitigate these adverse effects by inhibiting inflammatory pathways and oxidative stress mechanisms within the eye. Its ability to modulate angiotensin II receptors may also contribute to preserving retinal function and reducing apoptosis in ocular tissues. Additionally, Azilsartan's neuroprotective properties may further safeguard against cisplatin-induced neurotoxicity in the visual system. This potential therapeutic intervention holds promise for improving the quality of life for cancer patients undergoing cisplatin treatment, offering a novel approach to mitigate ocular complications associated with chemotherapy. Further research is warranted to elucidate the precise mechanisms underlying Azilsartan's protective effects and optimize its clinical application in preventing cisplatin-induced ocular toxicity.**

**Republic of Iraq**

**Ministry of higher education  
and scientific research**

**Al-kitab university**

**Faculty of pharmacy**



**Toxicity of desferrioxamine in  
thalassimic patients**

**By**

**Hala Ali Ibrahim**

**Rahma Abdulwahed**

**Salah Zaben**

**Supervisor**

**Dr. ansam**

**1445**



**2024**

## ABSTRACT

Thalassemias are a group of inherited hematologic disorders that cause hemolytic anemia. Thalassemia patients who receive chronic multiple transfusions as treatment will develop iron overload. Deferoxamine is a chelating agent used to remove excess of iron. Toxic manifestations of deferoxamine are evidenced by many research studies and case reports. A study on the longitudinal growth in 3 groups of thalassemia major children showed patients treated at an early stage, at a high dose, had more marked growth retardation. A study on 59 Egyptian children with thalassemia major and generalized arthralgia, deferoxamine induced dysplasia-like skeletal abnormalities at radiography were seen 2 children. In a case report, a 29-year-old lady receiving repeated blood transfusions for beta thalassemia since childhood, presented with rapidly deteriorating symptoms of ocular toxicity. A study of 89 patients receiving nightly subcutaneous deferoxamine for thalassemia major or diamond-blackfan anemia, 13 presented with visual loss or deafness of acute onset or both. In a case study, a 17-year-old patient with sickle cell-beta thalassemia received ten times the recommended dose of intravenous deferoxamine developed acute renal failure within hours. In a study, 8 transfusion-dependent thalassemia major patients were given continuous intravenous infusions of deferoxamine, 4 patients developed pulmonary syndrome of moderate to life-threatening severity. A comparative study of deferoxamine versus deferiprone on growth and virulence of *Yersinia enterocolitica*, deferoxamine promoted systemic *Yersinia enterocolitica* infections in humans. Deferoxamine is generally well tolerated but when given at high dose, to patients with low iron burden especially in the first years of transfusion, toxicity may occur.

**Keywords:** Thalassemia, deferoxamine, chelating agent, iron overload, toxicity.





**AL-KITAB UNIVERSITY**  
**COLLEGE OF PHARMACY**

**A Comparative Analysis of Quality Control Measures:  
Assessing Varied Drug Formulations Across Brands of  
ciprofloxacin tablet**

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By:

**Barjas saeed jeiad**  
**Ahmed salih ahmed**  
**Ahmed ali farhan**

**Graduation Project / Submitted to the College Pharmacy / University of Al-kitab in  
partial Fulfillment of the Requirements for Degree of Bachelor Of science in  
pharmacy.2023-2024**

**Main supervisor: Dr. Ibrahim M. Abdulbaqi**



## ABSTRACT:

Background: Particularly in developing nations like Iraq, evaluating the in vitro quality of medications produced by various Brands for the same product is crucial to preventing the production of subpar or counterfeit goods. One of the fluoroquinolone antibiotics used to treat infections of the lower respiratory tract, skin and soft tissues, and urinary tract is ciprofloxacin. In Iraq, there are numerous Brands selling ciprofloxacin pills. and this study's objective was to compare the in vitro quality of ciprofloxacin tablets made by five different pharmaceutical businesses by quality assurance. Five top manufacturers of ciprofloxacin tablets, each claiming to be 500 mg on the label, were acquired from Kirkuk City's retail pharmacies and subjected to in vitro quality control testing in accordance with pharmacopeia (USP) that included assessing the disintegration time, friability, hardness, uniformity of diameter, and weight variation. The Outcomes of The five ciprofloxacin businesses' complied with the specifications of weight variations test. and the (ESTECINA ) has the highest weight and that the (CIPROSAM ) has the lowest weight. The findings showed that every manufacturer of ciprofloxacin pills was able to pass the limit of hardness test except for CIPROSAM , which showed two tablets below the required value in one of the tests, and the highest hardness value was for (CIPROREC ) and the lowest hardness value was for CIPROSAM .Each Brand had disintegration times of less than (30) minutes, and they were all in compliance with BP and USP requirements. The percentage of friable Brands was less than 1%, indicating that all companies, except for CIPROSAM , which showed in one of the first tests that 11 tablets were broken, and 3 tablets in the second test, while it passed the third test without breaking. passed the test and fulfilled the requirements. CIPROSAM had the largest variation% and CIPROREC the lowest ones. Diameter test and thickness test of the tablet was within the standards required by USP. In summary This study showed that the five businesses that sell ciprofloxacin tablets in Iraq comply with the BP and USP specifications for quality control tests that measure aspects like friability, disintegration time, and weight variation consistency.



## **Project Title:**

**Assessing Quality in Pharmaceutical Formulations: Comparative Studies of Different Brands and Drug Variants For prednisolone tablets**

**Abeer Adnan Marie  
Afaq Jassim Yassin  
Sabaa Abd-Alrahman Ahmed**

**College of Pharmacy**

**Al-Kitab University**

**Graduation project /submitted to the college of  
Pharmacy/university of Al-Kitab in partial fulfillment  
degree of Bachelor of Science in pharmacy.**

**2023/2024**

**Supervisor: Dr. Ibrahim M. Abdulbaqi**



## **Abstract:**

Based on WHO definitions, the term quality control refers to the steps and procedures taken by a pharmaceutical manufacturer to ensure the identity, safety, efficacy, and purity of a particular drug product. Quality control is an essential process in the pharmaceutical industry and is a vital part of current Good Manufacturing Practices. It ensures that the pharmacokinetic and pharmacodynamic properties are predictable and reproducible for the same active pharmaceutical ingredient when manufactured by different companies. This study aims to evaluate the quality of Iraqi pharmaceutical products present in the Iraqi market in the brand industry. After conducting laboratory experiments on the six samples represented by five Iraqi companies and a brand company, the results showed that the six companies passed the weight variation test and the friability test as well as the disintegration test in addition to the thickness and diameter test, where The results were within the accepted USP standards, but the results showed that 3 out of 6 companies failed to pass the hardness test, including the brand company, despite passing the other tests. The study showed that the Iraqi companies that manufacture prednisolone are of high quality, conforming to USP standards, and are almost close if not, Be superior to the brand company.



Republic of Iraq  
Ministry of Higher Education And Scientific Research  
Al Kitab University / College of Pharmacy

## The Relationship Between Obesity and GERD

**A Research project Submitted to**

A Research project

Submitted to the department Al Kitab University College/  
Department College of Pharmacy as partial fulfillment of the  
Requirement for the degree of bachelor in College of Pharmacy

**SUBMITTED BY**

*Aisha Badawi Younes*

*Mina Yarab Siddiq*

*Hossam Hussein Ibrahim*

**Supervised By**

**Dr. Rizgar Faisal Ahmed**

*Rozhgar*



**2024 A.D**

**1444 A.H**

## **Abstract**

This study will utilize a cross-sectional design to investigate the relationship between obesity and gastroesophageal reflux disease (GERD). The study will involve recruiting participants from a primary care clinic who will be assessed for their body mass index (BMI) and presence of GERD symptoms.

Participants will be asked to complete a questionnaire to assess their symptoms of GERD, such as heartburn, regurgitation, and difficulty swallowing. Their BMI will be calculated based on their height and weight measurements taken by a trained research assistant.

Statistical analysis will be conducted to determine if there is a significant relationship between obesity and GERD. This analysis will involve calculating the correlation coefficient between BMI and GERD symptoms, as well as conducting logistic regression analysis to determine the odds of having GERD based on BMI category.

Ethical considerations will be taken into account throughout the study, including obtaining informed consent from participants, ensuring confidentiality of data, and providing appropriate care and support for individuals with GERD symptoms.

This study aims to provide valuable insights into the relationship between obesity and GERD, which could inform future prevention and treatment strategies for individuals at risk of developing GERD.



**Ministry of Higher Education  
and Scientific Research  
Al Kitab University  
College of Pharmacy**

# **RATIONAL USE OF ANTIBIOTICS FOR INFECTIONS IN PUBLIC HOSPITALS AGAINST CULTURE/SENSITIVITY TEST REPORTS FROM FORMAL LABOR**

A Research submitted to the college of Pharmacy, Al Kitab University  
As fulfillment of the requirement of the graduation project

*Submitted by:*

**Edison Mustafa Abdullah  
Diana Mustafa Abdullah  
Abdulrahman Waleed**



*Supervised by:*

**Prof. Omed Omar Darwesh**

**2024 A.D**

**1445A.H**

## **Abstract**

**Background:** An important task of the clinical microbiology laboratory is the performance of antimicrobial susceptibility testing of significant bacterial isolates. The goals of testing are to detect possible drug resistance in common pathogens and to assure susceptibility to drugs of choice for particular infections. The most widely used testing methods include broth microdilution or rapid automated instrument methods that use commercially marketed materials and devices. Manual methods that provide flexibility and possible cost savings include the disk diffusion and gradient diffusion methods. Each method has strengths and weaknesses, including organisms that may be accurately tested by the method. Some methods provide quantitative results (eg, minimum inhibitory concentration), and all provide qualitative assessments using the categories susceptible, intermediate, or resistant. In general, current testing methods provide accurate detection of common antimicrobial resistance mechanisms. However, newer or emerging mechanisms of resistance require constant vigilance regarding the ability of each test method to accurately detect resistance. There are concerns with inappropriate prescribing of antibiotics in hospitals especially broad spectrum in Kirkuk and the subsequent impact on antimicrobial resistance rates. One recognized way to reduce inappropriate prescribing is for empiric therapy to be adjusted according to the result of culture sensitivity reports.

**Aim:** This study was aimed to determine rational use of antibiotic therapy in ICU patients and its impact on clinical outcomes and mortality rate.

**Objective:** Using culture sensitivity reports to optimize antibiotic prescribing in a teaching hospital in Kirkuk.

**Methods:** A retrospective observational study was undertaken in Azadi Teaching Hospital. A total of 90 positive cultures were taken from patients during the study period (March 2024). The results of pathogen identification and susceptibility testing from patient-infected sites were assessed. Additional data was collected from the patient's medical file. This included demographic data, sample type, causative microbe, antimicrobial treatment, and whether empiric or definitive treatment as well as medicine costs. Antimicrobial data was assessed using World Health Organization's Defined Daily Dose methodology.



*Ministry of higher Education and Scientific research*

*Al-kitab University - College of Pharmacy*

*Iraq - Kirkuk*

*April 30th, 2024*



## **Rational use of antibiotics for infections in public hospitals against culture/sensitivity reports from formal records, Kirkuk, Iraq.**

Paper submitted to to University of Al-Kitab - College of pharmacology as part of fifth stage  
graduation research paper

Completed by:

*Sumaya taha fatah*

*Sara Talib Mansur*

*Fatima Attia Ibraheem*

*Dunya erfana burhan*

*Aya mohammed salih*

*Under the supervision of  
Assistant Professor Dr  
Omeed O. Darweesh*



## Abstract

**Background:** Growing trends of unregulated antibiotics use in the public health sector has risen concerns about treatment effectiveness, Due to the lack of adequate statistics and regulations around prescription of data driven antibiotics. This study aims to provide a sufficient outlook into the prevalence of resistance and the best course of treatment guidelines according to data collected from hospitals around Kirkuk, Iraq.

**Methods:** This cross-sectional study was conducted in the period between February-April 2024 using Hospital records of bacterial sensitivity/resistance cultures. Convenience sampling method was used. The records included 113 individuals aged 10–80 years, from government hospitals, this included Azadi teaching hospital, and the Republic (Jumhuri) Teaching Hospital. The records provided demographic data along with the results of their cultures and drug treatment plans. Poisson and logistic regression models were used to study the relationship between the culture results and drugs indicated in their treatment.

**Results:** Of 113 samples of positive cultures registered, 32 (28.3%) had Anti-Microbial Resistance (AMR) to at least on drug, in a different or same class, with 5 (4.4%) having resistance to Multiple-Drug Resistance (MDR) in at least one strain of isolates, the average age of sample size  $56.3 \pm 8.34$ .

**Conclusions:**The rates of single and multi-drug resistant bacteria is on the rise from previous years, necessitating the need for comprehensive change of guidelines and monitoring systems.

**Keywords:** Anti-microbial Resistance (AMR) ; multi-drug resistance (MDR); Culture-positive



Ministry of Higher Education  
and Scientific Research  
Al Kitab University  
College of Pharmacy

# **RATIONAL USE OF ANTIBIOTICS FOR INFECTIONS IN PUBLIC HOSPITALS AGAINST CULTURE/SENSITIVITY TEST REPORTS FROM FORMAL LABOR**

A Research submitted to the college of Pharmacy, Al Kitab University  
As fulfillment of the requirement of the graduation project

*Submitted by:*

**Edison Mustafa Abdullah  
Diana Mustafa Abdullah  
Abdulrahman Waleed**

*Supervised by:*

**Prof. Omed Omar Darwesh**



2024 A.D

1445A.H

## ***Abstract***

**Background:** An important task of the clinical microbiology laboratory is the performance of antimicrobial susceptibility testing of significant bacterial isolates. The goals of testing are to detect possible drug resistance in common pathogens and to assure susceptibility to drugs of choice for particular infections. The most widely used testing methods include broth microdilution or rapid automated instrument methods that use commercially marketed materials and devices. Manual methods that provide flexibility and possible cost savings include the disk diffusion and gradient diffusion methods. Each method has strengths and weaknesses, including organisms that may be accurately tested by the method. Some methods provide quantitative results (eg, minimum inhibitory concentration), and all provide qualitative assessments using the categories susceptible, intermediate, or resistant. In general, current testing methods provide accurate detection of common antimicrobial resistance mechanisms. However, newer or emerging mechanisms of resistance require constant vigilance regarding the ability of each test method to accurately detect resistance.

There are concerns with inappropriate prescribing of antibiotics in hospitals especially broad spectrum in Kirkuk and the subsequent impact on antimicrobial resistance rates. One recognized way to reduce inappropriate prescribing is for empiric therapy to be adjusted according to the result of culture sensitivity reports.

**Aim:** This study was aimed to determine rational use of antibiotic therapy in ICU patients and its impact on clinical outcomes and mortality rate.

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## **Rational use of antibiotics for infections in public hospitals against culture/sensitivity test reports from formal laboratories.**

By Abdulrahman Saad Abdulqadir, Ahmed Nuri Akram

Supervised by Dr. Omeed Omar Darweesh

Alkitab university, college of pharmacy

### **Abstract:**

**Background:** antibiotic resistance is an increasing problem in the world, and especially in Iraq due to absence regulations and laws to inhibit the reckless use of antibiotics in all regions of its use

**Objective:** to assess the severity of the prevalence of antibiotic resistance among the different bacterial species, and to assess patient background and possible misuse.

**Design and methods:** a cross sectional study of 60 patients, all outpatients visiting al-Salam teaching hospital, and Mosul general hospital in Ninawa to do culture sensitivity tests.

**Result:** most of the samples were from women patients (66%) and most causative pathogen was E.coli, most resistance was among cephalosporins and beta-lactam antibiotics.

**Conclusion:** antibiotic resistance remains a big threat in our healthcare system guided by irrational patient and prescriber misuse

**Keywords:** (antibiotic resistance, UTI, Ninawah, public hospital, culture sensitivity testing )





**Al-Kitab University-  
College of Pharmacy**

**A questionnaire based survey among pharmacy  
practitioners to evaluate their knowledge,  
understanding and confidence about handling of  
antibiotic drugs**

**Graduated project submitted to the Al\_kitab  
University / college of pharmacy as a part of obtain  
of BSc degree of pharmacy college (2023-2024)**

**Prepared by :**

**Maab Mahmood**

**Qais Najdat**

**Mohammed Tariq**

**Mohammed Yassin**

**Supervisors by :**

**Dr. Shathel khalaf**



# Abstract

The document begins with an introduction that highlights the historical perspective of infectious diseases and the development of antibiotics. It emphasizes the importance of antibiotics in combating various diseases that were once epidemic, such as cholera, syphilis, tuberculosis, and typhoid fever. However, it also acknowledges the emergence of antibiotic resistance as a significant challenge in the field of medicine.

Provides an overview of the methodology employed in the study. It states that a cross-sectional online questionnaire survey was conducted among pharmacists practicing in Kirkuk. The survey targeted pharmacists who had graduated from the College of Pharmacy and were working in various healthcare settings such as pharmacies, hospitals, and colleges. The questionnaire was validated, and participants were selected based on specific criteria.

Presents the results of the study. It includes demographic information about the participants, such as their occupation, degree, and graduation year. The results indicate that the majority of participants were recent graduates, holding bachelor's degrees, and working in community pharmacies.

The chapter also discusses the participants' knowledge and understanding of antibiotics based on their responses to the questionnaire. It covers topics such as the appropriate use of antibiotics, side effects, superbugs (antibiotic-resistant bacteria), antibiotics for viral infections, and drug interactions. The document highlights the percentage of participants who answered each question correctly and provides insights into areas where further education or training may be needed.

which is truncated in the provided content, presumably contains a discussion of the study findings. It likely elaborates on the implications of the results, compares them to existing literature, and provides recommendations for improving antibiotic stewardship and education among pharmacists.

Overall, the document appears to be a research study conducted to assess the knowledge and understanding of pharmacists in Kirkuk regarding antibiotic stewardship. It sheds light on the current understanding and areas of improvement in the appropriate use and prescription of antibiotics, particularly in the context of antibiotic resistance.

Ministry of Higher Education  
and Scientific Research  
Al-Kitab University  
College of Pharmacy



وزارة التعليم العالي والبحث العلمي  
جامعة الكتاب  
كلية الصيدلة

Graduation Project

**Plant Used In The Treatment Of Breast Cancer**

A project study

Submitted to the department of pharmacy Al Kitab  
University college in Partial Fulfillment of the  
Requirements for the Degree of Bachelor in pharmacy

Supervised By

Dr. Abdulaziz Ali

By

Noora Jabbar Abd

Asraa Hussein Hamud

Majeda Jasem Mohammed

2024 م





Ministry of Higher Education and Scientific Research

Al-kitab University

College of pharmacy



# **Bacteriophage as Potential New Therapeutic to Replace or Supplement Antibiotics**

Research submitted to college of pharmacy by:

Raghda Mohammed Muayad

Mohammed Ghassan Adnan

Solav Ali Hussain

Zainab Hashim Haseeb

Part of the requirements for obtaining a bachelor's degree in Pharmacy

Supervised by

**Assistant lecturers MSC. Elham Hasan Kareem**



**Ministry of Higher Education And  
Scientific Research College of Pharmacy  
Department of Pharmacy  
of Al kitab University**



**Organ toxicity of cytotoxic drugs in breast cancer patients**

**A graduation project is submitted to College of Pharmacy of Al kitab  
University fulfillment of the requirements for the degree of Bachelor's in  
Department of Pharmacy**

**Presented by**

**Youssef Saad Yassin**

**Sibal Shaheen Sabah**

**Raja Muhammad Akbar**

**Supervisor by**

**Assist.Prof.Dr. Ansam Naji Abboud**



**2023 A.D.**

**1444 A.H.**

Ministry of Higher Education and Scientific Research

University Al - ketab

Department of Pharmacy Medicine



## **covid-19 effect on the cns**

Graduation project submitted to the Department of Pharmacy Medicine

University of Al- Kitab

As part of the requirements for a bachelor's degree in pharmacy medicine

### **By students**

Amna Najim Abdullah

Noor Hameed Rasheed

Amjad Ali Dhrib

supervision

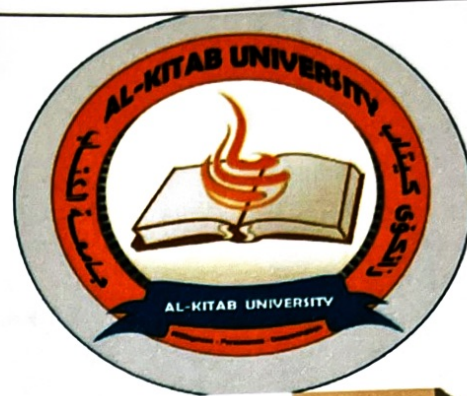
Doctor Thulfiqar Abdullah .M.



1446 AH

2024 AD

Ministry of higher Education  
And Scientific Research  
Al-kitab University  
College of Pharmacy



## **Rheumatoid arthritis : deformity and possibility of prevention**

A Graduation Project  
Submitted to the Committee of Scientific Affairs of the College  
of Pharmacy in Partial Fulfillment of the Requirements for the  
Degree of B.Sc in Pharmacy

By

Bassim Mohammed Jasim  
Adeham Abdulilah Yousuf  
Haider Ramadan Juma

Supervised by

Dr. Thulfiqar Abdullah

Msc. In pharmacology and toxicology

2024-1445



## **Abstract**

The RA (rheumatoid arthritis) is heterogeneous, symmetrical chronic progressive autoimmune disease with a high socio-economic burden. This disease is more common in women compared to men (3:1). Joint involvement occurs early in the natural history of the condition, and it can lead to bone erosion and deformities, and finally damage.

the discovery of the 'Pre-RA' stage of seropositive disease has led to the development of several clinical trials where individuals are studied to identify ways to delay or prevent the onset of clinically-apparent IA/RA.

At the cellular level, the immune system continues to recognize and responds to the autoantigen that leads to persistent activation CD4+ T cells and B cells. Activated B produces rheumatoid factor that lead to the formation of immune complexes in the synovial space, activating complement to stimulate migration of neutrophils into the synovial space. Chemokine production enhances the migration of mononuclear cells into the joint space, adding further to the exudative component of the disease. Proinflammatory cytokines also stimulate the production of collagenases, , and other growth factors stimulate fibroblast proliferation, resulting in invasive pannus formation, leading to osteoclast activation and bone destruction. In the final stage, the inflammatory reaction extinguishes and is replaced by fibrosis, which causes tendon adhesions and fixed deformities One of the end results of this pathological inflammation is the disruption of the balance between flexor and extensor tendons, which produces the characteristic deformities.

### **Aim of study**

This review will focus on several issues relevant to understanding the prevention of rheumatoid arthritis and a review type of deformity caused by RA

**Keywords:** rheumatoid arthritis, deformity ,prevention



**Al-Kitab University**

**Republic of Iraq Ministry of Higher Education  
and Scientific research**



**College of Pharmacy**

**Evaluation of some biomarker markers in patient with  
Myocardial Infraction**

**Done By:**

**Elaf Ghaleb Hussien**

**Arzu Sinan Hussien**

**Dunya Sonay Kareem**

**Supervised By:**

**Dr. Thulfiqar Abdullah**

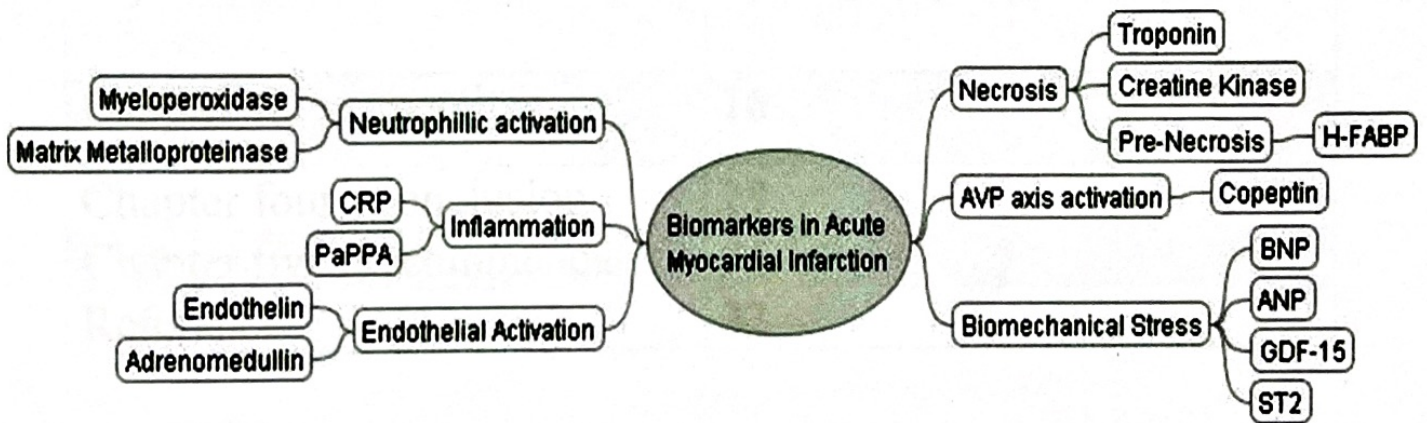


**1445A.H**

**2024A.D**

# ABSTRACT

Myocardial infarction (MI) is a term used for an event of heart attack which is due to formation of plaques in the interior walls of the arteries resulting in reduced blood flow to the heart and injuring heart muscles because of lack of oxygen supply. Acute myocardial infarction (AMI) is the leading cause of death worldwide, with early diagnosis still being difficult. Promising new cardiac biomarkers such as troponins and creatine kinase (CK) isoforms are being studied and integrated into clinical practice for early diagnosis of AMI. The cardiac-specific troponins I and T (cTnI and cTnT) have good sensitivity and specificity as indicators of myocardial necrosis and are superior to CK and its MB isoenzyme (CK-MB) in this regard. Besides being potential biologic markers, cardiac troponins also provide significant prognostic information. The introduction of novel high-sensitivity troponin assays has enabled more sensitive and timely diagnosis or exclusion of acute coronary syndromes. This review summarizes the available information on the potential of troponins and other cardiac markers in early diagnosis and prognosis of AMI.



**(Biomarkers associated with various pathophysiological processes associated with acute myocardial infarction)**



Republic of Iraq

Ministry of Higher Education And  
Scientific Research

Al-Kitab University

College of Pharmacy

**Review Study About Metformin And Insulin Resistance**

**PROPOSAL OF PROJECT GRADUATION IN PHARMACY  
COLLEGE AL-KITAB  
UNIVERSITY (IN PARTIAL FULFILLMENT FOR THE  
(DEGREE OF BACHELOR OF PHARMACY**

**By:**

**Mohammed Azad Fateh**

**Hawre Adil Mahmood**

**Sedra Najim Taha**

**Faris Mohammed Esmat**

**Supervised by:**

**Dr.Thulfiqar Abdullah**







**AL-Kitab University  
College of Pharmacy**



**Antibacterial Susceptibility of Escherichia coli Isolated from  
Urine Samples in Different Hospitals of Kirkuk City**

graduation project in pharmacy college Al-Kitab university (in  
partial fulfilment for the degree of bachelor of pharmacy)

**Student:**

**Abdulrahman Kamel**

**Narjis Firas**

**Marwa Safir**

**Supervisor:**

**Dr. Osama Abdouallah Hasan**

**2023 – 2024**



## Abstract:

In the last decades, antimicrobial resistance has become a global threat to public health systems worldwide. Among those bacteria that pose the greatest threat to human health because of its growing resistance to antibiotics are the members of the Enterobacteriaceae family, particularly *Escherichia coli* and *Klebsiella* spp. Among the different antibiotic-resistant mechanisms developed by bacteria, the ones found in Enterobacteriaceae are more diverse than those in other families and include resistance to different antibiotic groups, advantages that partially explain why these Microorganisms are among the most common causes of antibiotic-resistant bacteria real infections in humans, due to the continuously increasing number of infections Caused by multidrug-resistant *E. coli* due to its ease of transmission via the fecal oral route among humans and from environmental sources, the understanding of the epidemiology of these strains and their mechanisms of resistance are key components in the fight against these infections.

Ministry of Higher  
education & Research  
scientific



AL-KITAB University  
College of Pharmacy

## **Effect of Covid-19 on type 2 Diabetic Patients**

*A Research Submitted to the Council of the Pharmacy  
Department Al-Kitab University / College of Pharmacy in Partial  
Fulfillment of the Requirement For the Degree of the Bachelor  
in Pharma Science*

By

**Jehan Najat Mohammed Saeed**



Supervised by

**Ph.D clinical Pharmacy Niazy Burhan Al-Din**

Shawal 1443 A.H

2022 May A.D

## Abstract

**Background:** Type 2 diabetes mellitus (T2DM) is a metabolic disorder and typically results from excess of caloric intake over energy expenditure. It is characterized by a progressive insulin secretory defect which increases the body's demand for insulin in order to retain glucose homeostasis. Chronic hyperglycemia is associated with long-term damage, dysfunction, and failure of different organs, especially the eyes, kidneys, nerves, heart, and blood vessels.

**Aim:** To assess the effect of covid-19 on patients with type 2 diabetic mellitus .

**Methodology:** Quantitative design (a descriptive study) was carried out from 20/12/2020 to 25/5/2022. A probability sample (55) was selected. The data were collected through the application of a validated questionnaire, in the parts, the first part was related to social and demographic data, the second part was about Impact of Covid-19 on Patients Diabetic mellitus type 2 , part three was about coronavirus-19 test and diabetic mellitus . Data were analyzed using simple meta-statistical measures using the Statistical Package for Social Sciences (SPSS version 24).

**Results:** Results show that the higher percentage of samples were in range (61-75) and constitute (58.2%). In residence the results shows that (92.7%) of patients were living in urban areas. Regarding education level the results indicate that (23.6%) of students were graduated from colleges. With duration of diabetic (69.1%) of patients were have more than 8 years of diabetic disorder, in therapy type (52.7) prefer Insulin.

**Conclusion:** The study concludes that age between (61-75) were more likely to get coronavirus infection. The study conclude there in no association between covid-19 and diabetic supply. All types of diabetic were in danger from the coronavirus coumad-19.

**Recommendation:** Maintaining a moderate level of sugar by staying away from sugars and starches and taking preventive measures such as sterilization. Be sure to follow the monitoring of the cumulative sugar level by conducting a periodic examination every three months .



## **PATTERN OF HERBAL MEDICINE UTILIZATION AMONG CITIZENS IN SALAH AL-DIN GOVERNORATE IN IRAQ**

THIS RESEARCH SUBMITTED TO THE COUNCIL OF THE  
COLLEGE OF PHARMACY AT AL-KITAB UNIVERSITY IN  
PARTIAL FULFILLMENT OF THE REQUIREMENTS FOR A  
BACHELOR'S DEGREE IN PHARMACY

Prepared by

**Teba Bahaa Ramadan  
Tabark Nazar Faiq  
Bilal Hamody Essam**



Supervised by

**Asst. Lecturer Mr. Aram Sardar Ibrahim  
MSC in clinical pharmacy ,  
International practice and policy**

Republic of Iraq  
Ministry of Higher Education and Scientific Research  
**Alkitab university college of pharmacy**



# ***Effects of NSAIDs on GI***

Graduation Project by student  
**(Nour Mahir Hamadi)**

Submitted to the pharmacy college

As part of the requirements for a bachelor's degree in pharmacy

Under the supervision of dr

**(Rozhgar Faysal Ahmed )**

M.Sc. Clinical Pharmacy



**2024 A.D**

**1445 A.H**

Republic of Iraq  
Ministry of Higher Education and Scientific Research  
**Alkitab university college of pharmacy**



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M.Sc. Clinical Pharmacy



**2024 A.D**

**1445 A.H**

## **Abstract**

Non-steroidal anti-inflammatory drugs (NSAIDs) are used chronically to reduce pain and inflammation in patients with arthritic conditions, and also acutely as analgesics by many patients. Both therapeutic and adverse effects of NSAIDs are due to inhibition of cyclooxygenase (COX) enzyme. NSAIDs are classified as non-selective and COX-2-selective inhibitors (COXIBS) based on their extent of selectivity for COX inhibition. However, regardless of their COX selectivity, reports are still appearing on the GI side effect of NSAIDs particularly on the lower gastrointestinal (GI) tract and the harmful role of their controlled release formulations.

Non-steroidal anti-inflammatory drug (NSAID) use increases the risk of gastrointestinal complications such as ulcers or bleeding. The presence of factors like advanced age, history of peptic ulcer, *Helicobacter pylori* infection and the use of anticoagulants or antiplatelet agents increase this risk further. COX-2 inhibitors and proton pump inhibitors, help to minimize the risk of gastrointestinal complications in high-risk patients .

## **Key words**

non-steroidal anti-inflammatory drugs, NSAIDs, gastrointestinal, PPIs, COX-2 inhibitors

## **Reference:**

<https://www.researchgate.net/publication/259606295> Adverse Effects of Nonsteroidal Anti-inflammatory Drugs An Update of Gastrointestinal Cardiovascular and Renal Complications





Republic of Iraq Ministry  
of Higher Education  
and Scientific Research  
Al-Kitab University  
Pharmacy college



## **Abuse and misuse of antibiotics**

Research submitted to the pharmacy college at Al-Kitab University, which  
is part of the requirements for obtaining a bachelor's degree in pharmacy  
college

### **Submitted By**

Lena Firas Hazim

Safa Dawood Salman

Hanen Alaauldeen Juber

### **Under Supervised of**

Associate prof. Yasser Abdel Aleem



2023/2024

## Abstract

Antimicrobial agents are some of the most widely, and often injudiciously, used therapeutic drugs worldwide. Important considerations when prescribing antimicrobial therapy include obtaining an accurate diagnosis of infection; understanding the difference between empiric and definitive therapy; identifying opportunities to switch to narrow-spectrum, cost-effective oral agents for the shortest duration necessary; understanding drug characteristics that are peculiar to antimicrobial agents (such as pharmacodynamics and efficacy at the site of infection); accounting for host characteristics that influence antimicrobial activity; and in turn, recognizing the adverse effects of antimicrobial agents on the host. It is also important to understand the importance of antimicrobial stewardship, to know when to consult infectious disease specialists for guidance, and to be able to identify situations when antimicrobial therapy is not needed. By following these general principles, all practicing physicians should be able to use antimicrobial agents in a responsible manner that benefits both the individual patient and the community.

Republic of Iraq  
Ministry of Higher Education  
and Scientific Research  
Al-Kitab University  
Pharmacy college



## Peptic Ulcer

Research submitted to the pharmacy college at Al-Kitab University, which is part of the requirements for obtaining a bachelor's degree in pharmacy college.

By

Omer Jomaa Shakur

Hassan Ahmed Abd

Abdullatif Mahmoud Khalaf

Mohammad Talal Adham

Supervisor

Dr. Hassan Ahmed



2023/2024

## Abstract

Peptic ulcer disease (PUD) refers to acid peptic injury of the digestive tract, resulting in mucosal break reaching the sub mucosa. Peptic ulcers are usually located in the stomach or proximal duodenum, but they can also be found in the oesophagus or Meckel's diverticulum. *H. pylori* infection and the use of nonsteroidal anti-inflammatory drugs (NSAIDs) are the predominant causes of peptic ulcer disease in the United States, accounting for 48 and 24 percent of cases, respectively. Typical symptoms of peptic ulcer disease include episodic gnawing or burning epigastric pain; pain occurring two to five hours after meals or on an empty stomach; and nocturnal pain relieved by food intake, antacids, or antisecretory agents. The pain of gastric ulcers increases 2 to 3 hours after a meal and may result in weight loss, whereas the pain of duodenal ulcers decreases with a meal and may result in weight gain. Any patient presenting with anemia, melena, hematemesis, or weight loss should be further investigated for complications of PUD, predominantly bleeding, perforation, or cancer. A physical exam may reveal epigastric abdominal tenderness and signs of anemia. Treatment always directed to the cause of ulcer. It can also debut with complications such as upper gastrointestinal bleeding, perforation or stenosis. The diagnostic technique of choice is upper gastrointestinal endoscopy. Treatment with proton pump inhibitors (PPIs), eradication of *H. pylori* and avoiding the use of NSAIDs are the basis of treatment. However, prevention is the best strategy, it includes an adequate indication of PPIs, investigation and treatment of *H. pylori*, avoiding NSAIDs or using those that are less gastrolesive.

Republic of Iraq  
Ministry of Higher Education  
and Scientific Research  
Al-Kitab University  
Pharmacy college



## Hypertension

Research submitted to the pharmacy college at Al-Kitab University , which is part of the requirements for obtaining a bachelor's degree in pharmacy college

By

Fatima Ghazi Sadraldin

Nour Ali Jamal

Zainab Tariq Waseh

Ayoub Hussein Khadr

Supervisor

Dr. Hassan Ahmed

2023/2024



## Abstract

Hypertension is a significant and costly public health problem. It is a major, but modifiable contributor for the development of cardiovascular disease. Randomized controlled trials have shown that controlling hypertension reduces the risk of stroke, coronary artery disease, congestive heart failure, end-stage renal disease, peripheral vascular disease, as well as overall mortality. The risk of developing these hypertension-related complications is continuous, starting at a blood pressure level as low as 115/75 mm Hg. Despite the inherent health risks associated with uncontrolled hypertension, elevated blood pressure remains inadequately treated in the majority of patients. Effective cardiovascular prevention in the hypertensive setting needs the achievement of a tight blood pressure (BP) control with appropriate lifestyle measures and anti-hypertensive therapy. In fact, the ultimate goal of treatment strategies is the reduction of the excess of cardiovascular mortality and morbidity related to chronically elevated BP.



Republic of Iraq  
Ministry of higher education  
and scientific research  
Al-Kitab University  
College Of Pharmacy

## *Neonatal treatment in neonatal care unit*

### *Graduation project*

submitted to the council of the college of pharmacy, Al-Kitab  
university in the partial fulfillment of the requirements for the degree  
of B.Sc. in pharmacy

by

Marwah safauldeen sameen  
Eman mohammed abdulwahab  
Hajar nooraldin mohammed

*Supervised by:*

**Dr. Warqaa Naseer Saadoun**

2023 - 2024



## **Abstract**

### **Background**

Neonatal treatment in neonatal care units refers to the specialized medical care provided to newborn infants, particularly those born prematurely or with medical conditions requiring intensive care.

### **Methods**

This study conducted at Pediatric hospital in Kirkuk city in the period from 16/11/2023 to 18/2/2024, 50 newborns admitted to the neonatal care unit after agree with ethical issues.

### **Results**

The finding in this table indicated that in the study group the newborns age is  $(35.05 \pm 2.322)$  weeks, 44% for males and 56% for females, And the type of delivery 62% of newborns is C/S, 38% is NVD, And the Gestational age 52% is Term ( $>37$  Week ), and 48% is ( Pre term  $<37$  Week ).

### **Conclusion**

Neonatal treatment in neonatal care units encompasses a wide range of medical conditions, including preterm labor, respiratory distress syndrome, and neonatal jaundice. While significant progress has been made in improving neonatal survival rates and optimizing treatment strategies, ongoing research, interdisciplinary collaboration, and quality improvement initiatives are essential to address existing challenges and further enhance outcomes for newborns requiring neonatal care



Republic of Iraq  
Ministry of Higher Education and  
Scientific Research  
Al- Kitab University/College of  
Pharmacy



## Rational use of antibiotics for infections in public hospitals against culture/sensitivity test reports from formal laboratories

A Project

Submitted to the College of Pharmacy, Al- Kitab University as Partial Fulfillment of  
the Requirements for the B.Sc. Degree in Pharmacy

*By:*

Noor Sherwan Najmadin

Rangin Abdullah Ahmed

Supervised by:

Dr. Omeed Omer Darweesh



## **Abstract**

Antibiotic susceptibility testing (AST) plays a pivotal role in guiding clinical decisions regarding antibiotic therapy. This summary provides a comprehensive overview of AST, outlining its importance, methodologies, interpretation, and implications in clinical practice. The primary goals of AST include determining the susceptibility or resistance of bacterial isolates to particular antibiotics and helping clinicians choose the most effective treatment regimen for bacterial infections. Various AST methods, such as disk diffusion, broth microdilution, and automated systems, are discussed, highlighting their principles, advantages, and limitations. Interpreting AST results involves understanding the minimum inhibitory concentration (MIC), breakpoints, and epidemiological cutoff values (ECVs), which influence therapeutic decisions. In addition, emerging technologies, such as whole genome sequencing and molecular approaches, are shaping the future of AST by providing rapid and accurate detection of antimicrobial resistance mechanisms. This summary underscores the importance of AST in combating antimicrobial resistance and emphasizes ongoing efforts to improve and innovate AST methodologies to enhance patient care and antimicrobial stewardship.

Republic of Iraq  
Ministry of Higher Education and Scientific Research  
Alkitab university college of pharmacy



# ***Effects of NSAIDs on GI T***

Graduation Project by student

**(Nour Mahir Hamadi)**

Submitted to the pharmacy college

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## ***Abstract***

Non-steroidal anti-inflammatory drugs (NSAIDs) are used chronically to reduce pain and inflammation in patients with arthritic conditions, and also acutely as analgesics by many patients. Both therapeutic and adverse effects of NSAIDs are due to inhibition of cyclooxygenase (COX) enzyme. NSAIDs are classified as non-selective and COX-2-selective inhibitors (COXIBS) based on their extent of selectivity for COX inhibition. However, regardless of their COX selectivity, reports are still appearing on the GI side effect of NSAIDs particularly on the lower gastrointestinal (GI) tract and the harmful role of their controlled release formulations.

Non-steroidal anti-inflammatory drug (NSAID) use increases the risk of gastrointestinal complications such as ulcers or bleeding. The presence of factors like advanced age, history of peptic ulcer, *Helicobacter pylori* infection and the use of anticoagulants or anti platelet agents increase this risk further. COX-2 inhibitors and proton pump inhibitors, help to minimize the risk of gastrointestinal complications in high-risk patients .

## ***Key words***

non-steroidal anti-inflammatory drugs, NSAIDs, gastrointestinal, PPIs, COX-2 inhibitors

## **Reference:**

<https://www.researchgate.net/publication/259606295> Adverse Effects of Nonsteroidal Antii  
nflammatory Drugs An Update of Gastrointestinal Cardiovascular and Renal Complications



Republic of Iraq Ministry of  
Higher Education  
and Scientific Research  
Al-Kitab University  
College of pharmacy



**Rational use of antibiotics for infections in public hospitals  
against culture/sensitivity test reports from formal laboratories**

Research submitted to the college of pharmacy  
at Al-Kitab University, which is part of the requirements for  
obtaining a bachelor's degree

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## **ABSTRACT:**

**It is important to shed the light on the fact that this topic is one of the most important issues which attract the attention of many people all over the world which is "antibiotics resistance" because its high impact on human life . So we found great pleasure to study it deeply.**

**The development of antibiotics has prevented a huge number of deaths. Based on their origin, structure, as well as mode of action, antibiotics have been divided into several classes. Many bacterial strains with significant clinical use have been found to possess both an acquired and inherent mechanism of antibiotic resistance. The development spread of bacteria resistant to effective first-choice, or first-line, medications, this has placed the usage of antibiotics in severe danger. Therefore, in order to reduce the impact of current and emerging antimicrobial resistant bacteria, it is crucial to use antibiotics carefully and look for viable alternatives.**

Republic of Iraq

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**Wound healing activity of *Rosmarinus officinails*  
L. (Lamiaceae)**

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Part of the requirements for obtaining a bachelor's degree  
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## Abstract

The study was conducted in the period from 12/30/2024 to 1/30/2024 to evaluate the activity of rosemary in healing wounds collected from the mountains of northern Iraq. The results showed that the rosemary plant has excellent wound-healing activity, as it was found that wound healing is better and faster in The group that was treated with rosemary extract ointment compared to the group that was treated with MEBO ointment and the group that was not treated.

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# EVALUATION OF SOME PHYSIOLOGICAL PARAMETERS AMONG PATIENTS WITH HYPOTHYROIDISM

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## **Abstract**

Hypothyroidism is the common clinical condition of thyroid hormone deficiency and, if left untreated, can lead to serious adverse health effects on multiple organ systems, with the cardiovascular system as the most robustly studied target.

The aim of the study is the assessment of serum HbA1C, Folate, Ferritin, D3, Ca(Calcium), TSH (Thyroid-Stimulating hormone), B12 (Cobalamin) in patients who are diagnosed with Hypothyroidism. A total of (44) samples were gathered from local medical laboratories of which (22) are diagnosed with Hypothyroidism and (22) are considered Normal (Control). In our study we found that serum, vitamin B12, ferritin, folate, calcium are decreased by hypothyroidism whereas TSH, hemoglobin A1C, and BMI are increased by hypothyroidism. Whenever there are any thyroid hormone disturbances, alterations in the levels of serum calcium, vitamin B12, folate, ferritin, HbA1C and BMI should be looked for to prevent any abnormalities from occurring. Furthermore the study also showed that hypothyroidism does not have a significant effect on vitamin D3 concentrations.