

**Ministry of Higher Education and Scientific Research
Scientific Supervision and Scientific Evaluation Apparatus
Directorate of Quality Assurance and Academic Accreditation
Accreditation Department**



**Description of the
Academic Program
Department of Physical
Education and Sports Sciences/
College of Education/Al-Kitab
University**

2024

Academic Program Description Form

University Name: Al-Kitab University

Faculty/Institute: Education

Scientific Department: Physical Education and Sport Science

Academic or Professional Program Name: Bachelor's Degree in Physical Education and Sport Science.

Final Certificate Name: Bachelor's degree in Physical Education and Sport Science.

Academic System: Yearly (Annual)

Description Preparation Date: 4/2/2024

File Completion Date: 2/3/2024

Signature:



Head of Department Name:

Prof. Dr. Frhanq Farag Mohamed

Date: 2/3/2024

Signature:

Scientific Associate Name:

Prof. Dr. Hamdi Hameed Yousif

Date: 2/3/2024

The file is checked by:

Department of Quality Assurance and University Performance

Director of the Quality Assurance and University Performance Department:

Dr. Imad Rifaat Medhat

Date:

Signature:



Approval of the Dean
Prof. Dr. Uday CH. Hasan

1. Program Vision

Our vision is strive for quality and excellence locally and regionally, leading the department to its theoretical and practical educational outputs in the field of physical education and sports sciences and their applied branches.

2. Program Mission

The Department works to create an appropriate educational environment for its students to provide various relevant knowledge and science, and contribute to the development of the individual and society according to available resources.

3. Program Objectives

1. Working to achieve the general and specific objectives of the Department of Physical Education and Sport Science.
2. Setting criterions and standards for quality in the educational sports activities in the department.
3. Rehabilitating of human capabilities through the development of programs for physical and scientific activity.
4. Raising the scientific level of students through the development of curricula (theoretical and applied).
5. Performing the skills of sports activities, and applying the requirements of security and health safety in the environment of sports practice.
6. Raising the level of interaction between civil society institutions through holding conferences and seminars in all fields.

4. Program Accreditation

None

5. Other external influences

Ministry of Education, Ministry of Youth and Sports, Ministry of Planning

6. Program Structure

Program Structure	Number of Courses	Credit hours	Percentage	Reviews*
Institution Requirements	5	12	%8	Basic
College Requirements	–	–	–	–
Department Requirements	43	138	%92	Basic
Summer Training	–	–	–	–
Other	–	–	–	–

* This can include notes whether the course is basic or optional.

7. Program Description

Year/Level	Course Code	Course Name	Credit Hours	
			theoretical	practical
First	PES20101	Athletics	0	4
First	PES20102	Soccer(m)	0	4
First	PES20103	Futsal(f)	0	4
First	PES20104	Weightlifting(m)	0	2
First	PES20105	Fitness(f)	0	2
First	PES20106	Swimming	0	2
First	PES20107	Basketball	0	4
First	PES20108	Scouting	0	2
First	PES20109	History & Philosophy of Sports Education	2	0
First	PES20110	Anatomy	2	0
First	UNV1	Human Rights & Democracy	1	0
First	UNV2	Computer	2	0
First	PES20111	English Language	2	0
First	UNV3	Arabic Language	2	0
Second	PES20212	Athletics	0	4
Second	PES20213	Gymnastics (m & f)	0	4
Second	PES20214	Boxing(m)	0	2
Second	PES20215	Rhythmic Gymnastics(f)	0	2
Second	PES20216	Teaching Methods	0	2

Second	PES20217	Basketball	0	2
Second	PES20218	Volleyball	0	4
Second	PES20219	Handball	0	4
Second	PES20220	Sport Statistics	2	0
Second	PES20221	Biomechanics	2	0
Second	PES20222	Sport Training	2	0
Second	PES20223	Measurement & Evaluation	2	0
Second	UNV4	The crimes of the Baath regime in Iraq	1	0
Third	PES20325	Racket Games	0	2
Third	PES20326	Gymnastics (m & f)	0	2
Third	PES20327	Wrestling (m)	0	2
Third	PES20328	Rhythmic Gymnastics(f)	0	2
Third	PES20329	Soccer(m)	0	2
Third	PES20330	Futsal(f)	0	2
Third	PES20331	Teaching Methods	0	4
Third	PES20332	Volleyball	0	2
Third	PES20333	Handball	0	2
Third	PES20334	Fencing	0	2
Third	PES20335	Sports Injuries and Rehabilitation	2	0
Third	PES20336	Scientific Research	2	0
Third	PES20337	Motor Learning	2	0
Third	PES20338	Exercise Physiology	2	0
Fourth	PES20439	Athletics	0	4
Fourth	PES20440	Practical & Teaching Methods	0	4
Fourth	UNV5	Computer (Practical)	0	2
Fourth	PES20441	Basketball	0	2
Fourth	PES20442	Volleyball	0	2
Fourth	PES20443	Soccer(m)	0	2
Fourth	PES20444	Futsal(f)	0	2
Fourth	PES20445	Handball	0	2
Fourth	PES20446	Management & Organization	2	0
Fourth	PES20447	Disabled Sports	2	0
Fourth	PES20448	Sports Training Science	2	0
Fourth	PES20449	Sport Psychology Science	2	0
Fourth	PES20450	Graduation Research Project	2	0

8. Expected learning outcomes of the program

Knowledge

After successfully completing this program, graduates will have:

A1. Basic, historical, philosophical, social and psychological knowledge of physical education.

A2. Basic knowledge of physical education related to vital aspects (Anatomy, Physiology and Biomechanics) and health.

A3. Theoretical knowledge related to individual and team sports.

A4. The foundations of scientific research and methods of measurement and evaluation in physical education.

Skills
After the successful completion of this program, graduates will be able to:
B1. Teach physical education and movement sciences for the secondary education stage.
B2. Build appropriate education strategies for the secondary education stage.
B3. Analyse sports problems and propose appropriate solutions.
B4. Assess the need for national and global sustainable development.
Ethics
After the successful completion of this programme, the graduates will enhance to:
C1. The value of loving work, taking responsibility, and teamwork.
C2. The coexistence, exchange, and acceptance of others, since sport is a means of meeting and bringing people closer together despite the existence of intellectual and cultural differences.
C3. The value of behavioural discipline.
C4. The transparency by promoting the concept of the rights and duties of students vis-à-vis the department, college, university, and homeland.

9. Teaching and Learning Strategies
1. Method of lecture, discussion, questioning, exploration, special methods in teaching common concepts) This is related to theoretical education.
2. (The method of cooperative learning and small groups) with regard to the practical aspect.

10. Evaluation methods
Daily, quarterly and final written and practical exams, distributed 50% for the first and second semesters and 50% for the end of the year.

11. Faculty						
Faculty Members						
Academic Rank	Specialization		Special Requirements/Skills (if applicable)		Number of the teaching staff	
	General	Special			Staff	Lecturer
Professor	0	3			3	0
Asst.Professor	0	2			1	1
Lecturer	3	7			6	4
Asst.Lecturer	0	4			4	0

Professional Development

Mentoring new faculty members

- To Introduce the new faculty staff member to the vision, mission, and development goals of the university
- To inform the new faculty staff member of the role and responsibility of the university.
- To Sensitization of the new faculty staff member to his or her rights and duties.

Professional development of faculty members

- To assist the new faculty staff member in alleviating his or her concerns as he or she engages in the educational process.
- To Participate of faculty staff member in professional and academic development programmes at the university.
- To Definition of the new faculty staff member to the university's scientific research programs to enable him to contribute to serving the university and society.

12. Acceptance Criterion

Admission is direct, according to the regulations approved by the Ministry of Higher Education and Scientific Research.

13. The most important sources of information about the program

Books, periodicals, theses, the international information network, and the personal experience of the instructor who is teaching the course.

14. Program Development Plan

1. Review the previous steps and their outputs.
2. Viewing the latest developments from books, periodicals and the information network in the field of physical education and sports sciences.
3. Periodic (annual) updating of approved teaching plans.
4. Viewing the international information network (Internet).

Program Skills Outline

				Required program Learning outcomes											
Year/Level	Course Code	Course Name	Basic or optional	Knowledge			Skills					Ethics			
				A1	A2	A3	A1	A2	A3	A1	A2	A3	A1	A2	A3
First	PES20101	Athletics	Basic	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	PES20102	Soccer(m)	Basic	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	PES20103	Futsal(f)	Basic	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	PES20104	Weightlifting(m)	Basic	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	PES20105	Fitness(f)	Basic	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	PES20106	Swimming	Basic	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	PES20107	Basketball	Basic	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	PES20108	Scouting	Basic	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	PES20109	History & Philosophy of Sports Education	Basic	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	PES20110	Anatomy	Basic	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	UNV1	Human Rights & Democracy	Basic	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	UNV2	Computer	Basic	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	PES20111	English Language	Basic	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	UNV3	Arabic Language	Basic	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Second	PES20212	Athletics	Basic	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	PES20213	Gymnastics (m & f)	Basic	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	PES20214	Boxing(m)	Basic	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	PES20215	Rhythmic Gymnastics(f)	Basic	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	PES20216	Teaching Methods	Basic	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	PES20217	Basketball	Basic	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	PES20218	Volleyball	Basic	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	PES20219	Handball	Basic	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	PES20220	Sport Statistics	Basic	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	PES20221	Biomechanics	Basic	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	PES20222	Sport Training	Basic	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓

	PES20223	Measurement & Evaluation	Basic	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	PES20223	The crimes of the Baath regime in Iraq	Basic	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Third	PES20325	Racket Games	Basic	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	PES20326	Gymnastics (m & f)	Basic	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	PES20327	Wrestling (m)	Basic	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	PES20328	Rhythmic Gymnastics(f)	Basic	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	PES20329	Soccer(m)	Basic	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	PES20330	Futsal(f)	Basic	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	PES20331	Teaching Methods	Basic	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	PES20332	Volleyball	Basic	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	PES20333	Handball	Basic	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	PES20334	Fencing	Basic	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	PES20335	Sports Injuries and Rehabilitation	Basic	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	PES20336	Scientific Research	Basic	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	PES20337	Motor Learning	Basic	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	PES20338	Exercise Physiology	Basic	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Fourth	PES20439	Athletics	Basic	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	PES20440	Practical & Teaching Methods	Basic	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	UNV4	Computer (Practical)	Basic	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	PES20441	Basketball	Basic	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	PES20442	Volleyball	Basic	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	PES20443	Soccer(m)	Basic	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	PES20444	Futsal(f)	Basic	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	PES20445	Handball	Basic	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	PES20446	Management & Organization	Basic	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	PES20447	Disabled Sports	Basic	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	PES20448	Sports Training Science	Basic	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	PES20449	Sport Psychology Science	Basic	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
PES20450	Graduation Research Project	Basic	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	