

*Republic of Iraq
Ministry of Higher Education & Scientific Research
Supervision and Scientific Evaluation Directorate
Quality Assurance and Academic Accreditation
International Accreditation Dept.*

*Academic Program Specification Form for The
Academic Year 2021-2022*

*University: Al-Kitab University
College: Education/Department of Physical Education and Sport Science
Number of Departments in The College :3
Date of Form Completion: 8/1/2022*

Signature

Department heads name: Asst. Prof Dr. Uday CH. Hasan

Date: 8/1/2022

Signature

Quality Assurance and University Performance Manager

Date: 8/1/2022

Signature

Deans name: Asst. Prof Dr. Alaa Sahib Askar

Date: 8/1/2022

TEMPLATE FOR PROGRAMME SPECIFICATION

HIGHER EDUCATION PERFORMANCE REVIEW: PROGRAMME REVIEW

PROGRAMME SPECIFICATION

The physical education and sports sciences program at Al-Kitab University is characterized by the multiplicity, diversity and overlap of knowledge sources such as health, biological, social, educational and psychological sciences, as well as the field application of many sports and sports events in a distinctive educational environment, in an effort to prepare high-level professional cadres in the field of physical and sports sciences working to advance The level of sports achievement and the development of the sports movement to meet the needs of sports institutions such as schools, clubs, universities, institutes and centers for youth and sports in Iraq. After receiving this program, the student can design and implement teaching plans or training units and acquire the teaching and administrative skills as well as the skills necessary to make field and laboratory tests to measure levels of physical activity and fitness, the ability to use techniques and modern assessment methods in the teaching and learning process, and mastery of scientific research skills Methods for collecting and analyzing data.

1. Teaching Institution	Al-Kitab University
2. University Department/Centre	Physical Education and Sport Science
3. Programme Title	Physical Education and Sport Science
4. Title of Final Award	Bachelor's degree in Physical Education and Sport Science
5. Modes of Attendance offered	Yearly
6. Accreditation	Ministry of Higher Education & Scientific Research
7. Other external influences	Ministry of Education- Ministry of Youth and Sports- Ministry of Planning
8. Date of production/revision of this specification	8/1/2022

9. Aims of the Programme

1. Work to achieve the general and specific objectives of the Department of Physical Education and Sport Science.
2. Setting criteria and standards for quality in the educational sports activities in the department.
3. Rehabilitation of human capabilities through the development of programs for physical and scientific activity.
4. Raising the scientific level of students through the development of curricula (theoretical and applied).
5. Performing the skills of sports activities, and applying the requirements of security and health safety in the environment of sports practice.
6. Raising the level of interaction between civil society institutions through holding conferences and seminars in all fields.

10. Learning Outcomes, Teaching, Learning and Assessment Methods

A. Knowledge and Understanding

- A1. Basic, historical, philosophical, social and psychological knowledge of physical education .
- A2. Basic knowledge of physical education related to vital aspects (anatomy, physiology and biomechanics) and health .
- A3. Principles and foundations of sports movement .
- A4. Theoretical knowledge related to individual and team sports .
- A5. The foundations of scientific research and methods of measurement and evaluation in physical education .
- A6. Appropriate scientific and linguistic terms in the fields of various sports activities.

B. Subject-specific skills

- B1. Teaching physical education and movement sciences for the basic education stage .
- B2. Building appropriate education strategies for the basic education stage .
- B3. Constructing physical education and movement sciences tests to evaluate the achievement of basic education students .
- B4. Develop self-capabilities in developing their abilities by teaching physical education and movement sciences to teach the basic education stage.

Teaching and Learning Methods
<ol style="list-style-type: none"> 1. Method of lecture, discussion, questioning, exploration, special methods in teaching common concepts) This is related to theoretical education. 2. (The method of cooperative learning and small groups) with regard to the practical aspect.
Assessment methods
Daily, quarterly and final written and practical exams, distributed 50% for the first and second semesters and 50% for the end of the year.
<p>C. Thinking Skills</p> <p>C1. Enable students to think and analyze issues related to the educational intellectual framework .</p> <p>C2. Enable students to think and analyze issues related to international sports standards .</p> <p>C3. Enable students to think and analyze issues related to international sports laws .</p> <p>C4. Enable students to think and analyze issues related to international educational standards .</p> <p>C5. Enable students to think and analyze issues related to the Specialized Sports Activity Law .</p> <p>C6. Enabling students to think and analyze issues related to government sports education .</p> <p>C7. Enable students to think and analyze issues related to mathematical laws in English.</p>
Teaching and Learning Methods
The Common Way: Incorporating the development and teaching of the thinking process into the various subjects.
Assessment methods
Daily exams with self-solving home questions, participation scores for competition questions related to the subject, reports.

D. General and Transferable Skills (other skills relevant to employability and personal development)

D1. Enable students to use forms and shapes .

D2. Enable students to pass job interviews .

D3. Enabling students to pass professional exams organized by local/regional/international bodies .

D4. Enabling students for continuous self-development after graduation.

Teaching and Learning Methods

- Sending students for training in training institutions and institutes.
- Training students with experiences that mimic reality.
- Inviting some professional bodies and organizing meetings with students.

Assessment Methods

- Written exams
- Direct observation

11. Programme Structure

12. Awards and Credits

Level/ Year	Course or Module Code	Course or Module Title	Credit Rating	Bachelor's degree Requires (115) credit hours
First	PES20101	Athletics	4	29
	PES20102	Soccer(m)	4	
	PES20103	Futsal(f)		
	PES20104	Weightlifting(m)	2	
	PES20105	Fitness(f)		
	PES20106	Swimming	2	
	PES20107	Basketball		
	PES20108	Scouting	2	
	PES20109	History & Philosophy of Sports Education		
	PES20110	Anatomy	2	
		Human Rights & Democracy		
		Computer	2	
	PES20111	English Language		
	Arabic Language	2		
Second	PES20212	Athletics	4	30
	PES20213	Gymnastics (m & f)	4	
	PES20214	Boxing(m)		
	PES20215	Rhythmic Gymnastics(f)	2	

	PES20216	Teaching Methods	2	
	PES20217	Basketball	2	
	PES20218	Volleyball	4	
	PES20219	Handball	4	
	PES20220	Sport Statistics	2	
	PES20221	Biomechanics	2	
	PES20222	Sport Training	2	
	PES20223	Measurement & Evaluation	2	
Third	PES20324	Athletics	2	28
	PES20325	Racket Games	2	
	PES20326	Gymnastics (m & f)	2	
	PES20327	Wrestling (m)	2	
	PES20328	Rhythmic Gymnastics(f)	2	
	PES20329	Soccer(m)	2	
	PES20330	Futsal(f)	2	
	PES20331	Teaching Methods	4	
	PES20332	Volleyball	2	
	PES20333	Handball	2	
	PES20334	Fencing	2	
	PES20335	Sports Injuries and Rehabilitation	2	
	PES20336	Scientific Research	2	
	PES20337	Motor Learning	2	
	PES20338	Exercise Physiology	2	
Fourth	PES20439	Athletics	4	28
	PES20440	Practical & Teaching Methods	4	
		Computer (Practical)	2	
	PES20441	Basketball	2	
	PES20442	Volleyball	2	
	PES20443	Soccer(m)	2	
	PES20444	Futsal(f)	2	
	PES20445	Handball	2	
	PES20446	Management & Organization	2	
	PES20447	Disabled Sports	2	
	PES20448	Sports Training Science	2	
	PES20449	Sport Psychology Science	2	
PES20450	Graduation Research Project	2		

13. Personal Development Planning

1. Review the previous steps and their outputs.
2. Seeing the latest developments from books, periodicals and the information network in the field of physical education and sports sciences.
3. Periodic (annual) update of approved teaching plans.
4. The international information network (Internet).
5. E-learning.

14. Admission criteria .

Admission is direct according to the regulations approved by the Ministry of Higher Education and Scientific Research.

15. Key sources of information about the programme

Books, periodicals, theses, the international information network, the personal experience of the instructor who teaching the course.

Curriculum Skills Map

please tick in the relevant boxes where individual Programme Learning Outcomes are being assessed

				Programme Learning Outcomes															
Year / Level	Course Code	Course Title	Core (C) Title or Option (O)	Knowledge and understanding				Subject-specific skills				Thinking Skills				General and Transferable Skills (or) Other skills relevant to employability and personal development			
				A1	A2	A3	A4	B1	B2	B3	B4	C1	C2	C3	C4	D1	D2	D3	D4
First	PES20101	Athletics	C	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
First	PES20102	Soccer(m)	C	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
First	PES20103	Futsal(f)	C	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
First	PES20104	Weightlifting(m)	C	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
First	PES20105	Fitness(f)	C	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
First	PES20106	Swimming	C	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
First	PES20107	Basketball	C	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
First	PES20108	Scouting	C	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
First	PES20109	History & Philosophy of Sports Education	C	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
First	PES20110	Anatomy	C	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
First		Human Rights & Democracy	C		✓	✓	✓	✓	✓	✓	✓	✓	✓		✓	✓	✓	✓	✓
First		Computer	C		✓	✓	✓	✓	✓	✓	✓	✓	✓		✓	✓	✓	✓	✓
First	PES20111	English Language	C	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓

First		Arabic Language	C	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Second	PES20212	Athletics	C	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Second	PES20213	Gymnastics (m & f)	C	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Second	PES20214	Boxing(m)	C	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Second	PES20215	Rhythmic Gymnastics(f)	C	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Second	PES20216	Teaching Methods	C	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Second	PES20217	Basketball	C	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Second	PES20218	Volleyball	C	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Second	PES20219	Handball	C	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Second	PES20220	Sport Statistics	C	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Second	PES20221	Biomechanics	C	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Second	PES20222	Sport Training	C	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Second	PES20223	Measurement & Evaluation	C	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Third	PES20324	Athletics	C	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Third	PES20325	Racket Games	C	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Third	PES20326	Gymnastics (m & f)	C	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Third	PES20327	Wrestling (m)	C	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Third	PES20328	Rhythmic Gymnastics(f)	C	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Third	PES20329	Soccer(m)	C	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Third	PES20330	Futsal(f)	C	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Third	PES20331	Teaching Methods	C	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Third	PES20332	Volleyball	C	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Third	PES20333	Handball	C	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Third	PES20334	Fencing	C	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓

Third	PES20335	Sports Injuries and Rehabilitation	C	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Third	PES20336	Scientific Research	C	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Third	PES20337	Motor Learning	C	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Third	PES20338	Exercise Physiology	C	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Fourth	PES20439	Athletics	C	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Fourth	PES20440	Practical & Teaching Methods	C	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Fourth		Computer (Practical)	C		✓	✓	✓	✓	✓	✓	✓	✓	✓		✓	✓	✓	✓	✓
Fourth	PES20441	Basketball	C	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Fourth	PES20442	Volleyball	C	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Fourth	PES20443	Soccer(m)	C	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Fourth	PES20444	Futsal(f)	C	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Fourth	PES20445	Handball	C	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Fourth	PES20446	Management & Organization	C	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Fourth	PES20447	Disabled Sports	C	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Fourth	PES20448	Sports Training Science	C	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Fourth	PES20449	Sport Psychology Science	C	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Fourth	PES20450	Graduation Research Project	C	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓